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Educational Philosophy

The Toronto Institute for Contemporary Psychoanalysis' program of intensive study aims to be clinically astute, intellectually rigorous, and comprehensive. It strives to strike an appropriate balance between professional training and scholarly education. The curriculum promotes these goals through seminars designed to integrate theory and practice, fostering the ability to think critically about several major points of view (e.g. classical psychoanalysis, ego psychology, Kleinian analysis, British Object Relations, Self Psychology, Relational psychoanalysis), and to formulate clinical material from a variety of viewpoints. This curriculum reflects a comparative/integrative perspective. Theoretical positions are compared and contrasted, seeking to synthesize them where possible, and to understand what might make such integration difficult or impossible at this time. Attention is also given to the historical context in which theories develop, the scientific/philosophical assumptions inherent in them and, where relevant, the personality of the theorists. (A more detailed description of this orientation can be found in the book *Comparative-Integrative Psychoanalysis* by TICP President, Brent Willock, published by The Analytic Press, New York, 2007.)

History

In the early 1980’s, a group of clinicians and academicians passionately interested in psychoanalysis assembled in Toronto to discuss what might be done to contribute to the development of the discipline in Ontario. That animated forum led to the creation of a Psychoanalytic Section within the *Ontario Psychological Association* in 1985. In monthly scientific meetings, stimulating presentations were made by senior analysts with international reputations (e.g., Prof. Morris Eagle, Dr. Paul Lerner, Prof. Otto Weininger), by other academics deeply involved in the field (e.g., Professors Phyllis Grosskurth and Paul Roazen), and by graduate students conducting dissertation research on psychoanalytic topics. Long-term study groups were established (Freud, Object relations theory, Lacan). Eminent psychoanalytic contributors were brought to Toronto to conduct full-day workshops open to anyone in the
field. These events attracted large, multidisciplinary audiences from all over the province and beyond. Such activities did much to stimulate psychoanalytic thinking and interest.

As this association grew, the founding members decided it would be beneficial to formalize an affiliation with a body to which many already belonged, namely the Division of Psychoanalysis of the American Psychological Association (Division 39). The Division had made an enormous contribution to revitalizing psychoanalysis in North America and was widely regarded as having become, in a relatively short time, one of the world’s largest, most exciting, creative, important, psychoanalytic organizations. It also facilitated training opportunities for some previously excluded professional groups. In 1991, The Ontario Society for Contemporary Psychoanalysis became the first Canadian Chapter of the Division.

A Workshop Series, co-sponsored by the Psychoanalytic Section and The Ontario Society for Contemporary Psychoanalysis, exposed our community to such prominent figures as Professors Sidney Blatt and Irene Fast, Drs. Stephen Mitchell, Jay Greenberg, and James Fosshage. Sensing the enthusiasm, commitment and energy of our group, some of these individuals encouraged us to develop an institute to expand opportunities for analytic training. Intensive labour to create the Institute began in 1989. Support, advice, and encouragement were provided by the Division. Eminent contributors to psychoanalytic education, research, and scholarship generously agreed to serve on our International Advisory Board.

From the beginning, the professional community manifested strong interest in the innovative program of studies offered by the Toronto Institute for Contemporary Psychoanalysis. The first class was admitted in September 1992. (At the same time, the Institute joined the International Federation for Psychoanalytic Education and, in 1999, the TICP became a Founding Member of the Association of Autonomous Psychoanalytic Institutes.) New groups of candidates have been admitted every two years. They have backgrounds in psychiatry, psychology, social work, and a variety of other academic disciplines. Candidates commute from within Toronto and other cities in Ontario (e.g., London, Kingston, Ottawa) and the United States (e.g., Buffalo, Rochester). A few have relocated from much further away in order to participate.

In 1996, the Toronto Society for Contemporary Psychoanalysis was established. Its mandate was to sponsor monthly scientific meetings and study groups to encourage scholarship, scientific productivity, continuing education, and professional affiliation. Society meetings are open to faculty, graduates, candidates, members of the Advisory Board, and individuals who apply for and are approved as Guests of the Society.

The TICP collaborates with institutes outside Canada that share our interest in comparative-integrative analysis. For example, we have a close working relationship with The Massachusetts Institute for Psychoanalysis (MIP). In 2002 many of our candidates and faculty traveled to Boston to participate in MIP seminars and attend their Annual Symposium. In 2003, candidates and faculty from MIP came to Toronto to participate in a conference we co-sponsored with the International Association for Relational Psychoanalysis and Psychotherapy. Since then, this cross-fertilization has continued in formal and informal ways.

Having learned of our innovative activities, three internationally renowned psychoanalytic societies (New York University’s Postdoctoral Program in Psychoanalysis and Psychotherapy, the William Alanson White Psychoanalytic Institute, and Adelphi University’s Postdoctoral Program in Psychoanalysis and Psychotherapy) proposed joining with us to co-sponsor an international conference in the Toronto area. This exciting venture, focusing on what is taboo in psychoanalysis, took place at Niagara-on-the-Lake in July 2000. It was a resounding success. In 2009, London’s Karnac Press published a book including many papers from that symposium, called Taboo or Not Taboo? Forbidden Thoughts, Forbidden Acts in Psychoanalysis and Psychotherapy. This volume was part of Karnac’s New
Developments in Psychoanalysis book series, edited by Peter Fonagy, Mary Target, and Liz Allison. Dr. Brent Willock (TICP) served as First Editor of the book. Prof. Rebecca C. Curtis (Adelphi) and Dr. Lori C. Bohm (William Alanson White) were Co-Editors. In 2010, this book was nominated by the award’s jury of the National Association for the Advancement of Psychoanalysis for their Gradiva Award for the Best Clinical Book of 2009. It also received the 2010 Goethe Award for Psychoanalytic and Psychodynamic Scholarship from the Canadian Psychological Association’s Section on Psychoanalytic and Psychodynamic Psychology.

The synergy between these four psychoanalytic societies was such that we now hold conferences every other year. Our second Joint International Conference was held in July 2002 at Trinity College, Dublin, co-sponsored with the Irish Psychoanalytic Forum. The high level of scholarship led to a second book, published by Routledge (London), entitled On Deaths and Endings: Psychoanalysts’ Reflections on Finality, Transformations, and New Beginnings. This book was awarded the National Association for the Advancement of Psychoanalysis’ 2008 Gradiva Award for Best Anthology and was shortlisted for the Goethe Award.


In 2005 we began publishing The Bulletin of the Toronto Society for Contemporary Psychoanalysis. Its Founding Editor was Dr. Scott Bishop. This publication can be accessed for on-line reading or can be downloaded from our website (www.ticp.on.ca).

Our Founding Mentor, Dr. Stephen Mitchell, died unexpectedly in December 2000. His passing was a great shock and loss. In his honour, we established an Annual Stephen Mitchell Memorial Lecture. The first such presentation was given in 2002 by his closest friend, Dr. Lewis Aron.

Dr. Mitchell was to have been first President of the International Association for Relational Psychoanalysis and Psychotherapy. Dr. Aron accepted that responsibility and IARPP’s first conference was held in Stephen’s memory in New York City, January 2000. Dr. Hazel Ipp, Vice-President of TICP, and a close colleague of Stephen’s, has served on IARPP’s Board of Directors for many years, in many capacities, including President. She also serves as editor of one of the most innovative journals in our field, founded by Stephen Mitchell, namely Psychoanalytic Dialogues.

In June 2004, our increasing international contacts culminated in our co-sponsoring an exciting symposium in Sicily with the Instituto di Specializzazione in Psicologia Psicoanalitica del Sé e Psicoanalisi Relazione (Rome and Milan), the Massachusetts Institute for Psychoanalysis, the Contemporary Institute for Psychoanalysis (Los Angeles), and the Institute for the Psychoanalytic Study of Subjectivity (New York). The theme was Dyonisus’ Ear: Trauma, Tragedy and Psychoanalytic Listening. This event was distinctive not only because it took place in the beautiful, historic, seaside city of Siracusa, but also because it was organized around our shared experience of two powerful, classical Greek tragedies, Euripides’ Medea and Sophocles’ Oedipus Rex performed in the ancient outdoor amphitheater during our stay. Dr. Hazel Ipp represented us on the organizing committee while Drs. Judith Levene, Gail White, Alan Kindler, Gary Taerk, Bruce Herzog, Hazel Ipp and Brent Willock were presenters, discussants, and panel chairs. In June 2010, our second Collaborative Conference in Ortigia,
Sicily was titled: *All the Gods Must be Honoured: The Dilemmas of Multiplicity in Tragedy and Psychoanalysis*.

In the fall of 2011, the TICP celebrated its 20th year with a gala party at the University of Toronto. We are very pleased with how much has been accomplished in this time. The Institute is flourishing. Two decades ago, the time was clearly ripe for exciting new developments on the Canadian psychoanalytic scene. We are happy to have been able to contribute to that evolution. Prodigious efforts by many have born wonderful fruit. The Toronto Institute and Society for Contemporary Psychoanalysis is now securely established as a major contributor to the discipline in Canada and in the international arena as an ever increasing number of our faculty and graduates present their work at international conferences, publish innovative ideas in journals and books, and assume positions of responsibility in local and international organizations. The future of the Institute and Society promises to be at least as exciting as have been the years leading up to this moment.

This past year has, once again, been highly productive and rewarding for our Institute and Society. Dr. Brent Willock stepped down as President in Fall 2014 after 26 years of inspiring and contributing to the essence and “core” of the TICP. He was celebrated alongside colleagues, friends and family and lauded for his generous dedication and commitment at the Winter Party January 24, 2015.

Four stimulating weekend events were held. Dr. Jonathan H. Slavin presented *The Resurrection of Agency from the Ashes of War: A Son as Therapist to his Father*, a half- day scientific meeting September 6, 2014. Dr. Anthony Bass, September 27, 2014, presented on *The Psychotherapy Relationship, the “Dialogue of Unconsciouses” and Use of the Self in the Contemporary Relational Technique*. On January 31, 2015, Dr. Jody Messler Davies presented *From Normal Multiplicity to Traumatic Dissociation: Integration, Fragmentation, and Implications for Empathic Attunement*, The 12th Annual Stephen Mitchell Memorial Lecture. Dr. Joshua Levy presented a workshop on *The unique place of multiple understanding and interpreting dreams during the various phases of the psychoanalytic treatment of developmental trauma* on April 18, 2015.

The TICP has had a productive and vitalizing 2014-2015. The Board, committees, faculty, graduates, candidates and others have given generously of their time, energy and thoughtfulness which is deeply appreciated. These collective efforts have enhanced our endeavours and accomplishments.

Judi Kobrick, PhD, C.Psych.
President, TICP

Fall 2015

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Toronto Institute for Contemporary Psychoanalysis

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General Information

Inquiries should be addressed to:

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Email: info@ticp.on.ca

Application Procedure:

Application forms may be obtained from the Administrative Coordinator and need to be received in the Office by no later than May 1st of the admission year.

Prerequisites:

Applications are welcomed from the broad field of mental health professionals. Minimum requirements for applications to the comprehensive Clinical stream include a doctoral degree in psychology or social work, or completion of resident training in psychiatry. Applicants should be experienced in clinical work with patients who manifest a broad range of psychological disorders.

The TICP also offers an Academic stream to those applicants who do not wish to pursue any clinical work. This option might, for example, be of interest to a university professor who utilizes psychoanalytic thinking in his /her discipline and wishes to become more thoroughly immersed in the psychoanalytic field in order to deepen understanding and/or further research.

The TICP reserves the right to admit exceptional candidates who do not meet some of the formal requirements outlined.

It is expected that all candidates will have resolved their own psychological issues. As such, all candidates, whether studying in the Academic or the comprehensive Clinical stream, are required to be in a therapeutic analysis at a minimum three sessions weekly. The analysis must be in place prior to commencement of the training program, and continue for at least two full years for academic stream candidates or, for clinical candidates, for a major portion of the required clinical case work.
Evaluation of Applicants:

The Admissions Committee will consider the applicant’s educational background, clinical experience*, letters of reference, and at least two interviews with individuals designated by the TICP. The Admissions Committee will submit its recommendations to the Executive Committee for final ratification. Applicants who are deferred or declined admission may re-apply at a later date for admission in a subsequent year.

* For those applying to the comprehensive Clinical Stream.

Fees:

The TUITION FEE in 2014 – 2015 is $3,500.00. This includes participation at all Weekend Workshops and Scientific Meetings. Fees may be subject to change in future class sessions at the determination of the TICP Board of Directors. Fees for active candidates may be paid in full or in two installments, either by cheque or online at www.ticp.on.ca. Fees are due on September 1 and January 1 of the academic year (if paying in installments). Post-academic candidates (who have completed the four years of seminars) pay a tuition fee of $300.00, which includes participation in the Scientific Program (Weekend Workshops not included). Candidate status cannot be retained for academic or post-academic candidates who do not remit fees by the stated deadline. Any fees submitted after the deadline date must be approved by the CPC Chair before that deadline and should include a $50.00 late payment fee.

Withdrawing candidates will receive a full refund minus $700 (cost of the initial 6 weeks of class) and an administration fee of $100 if notice is received within the first 6 weeks of the fall term. This may be reviewed on a case by case basis if withdrawal is due to a health issue or an unforeseen and serious event.

SUPERVISION COSTS are not covered by the tuition fee. Candidates are required to make private, separate arrangements with their supervisors for the cost of supervision sessions with respect to training cases.

For additional information, visit our web site, at www.ticp.on.ca
The Training

Classes are held on Monday evenings, from 7:00 – 10:00 p.m. at the University of Toronto. Candidates will be notified about the exact location prior to the commencement of classes.

The academic structure of the Institute calendar is as follows: There are weekly seminars from September through June for a period of four years. Each year is divided into two terms. Each Monday involves three hours of seminar time over thirty weeks per year, for a total of 90 hours a year. In addition, three two-day Workshops are presented each year by leading international psychoanalytic scholars for a total of an additional 120 hours. Candidates may not be absent for more than two seminars per term. Should absence exceed this, credit will not be given until the instruction has been made up through special arrangements made with instructors and approved by the Candidate Progress Committee. An attendance record is kept by instructors and monitored by the CPC. In the event that a candidate must miss one of the three above-noted Workshops, the candidate is expected to (a) make up missed workshop in the fifth year of training at his/her own expense, or (b) write an academic paper related to the missed workshop. Either alternative needs to be arranged for and confirmed by the candidate with the Chair of the Candidate Progress Committee.

It is expected that all candidates will have resolved their own psychological issues to the point where their clinical work will not be compromised. If deemed ready, the candidate will be expected to begin a supervised psychoanalytic case at the end of the first year of classes. All candidates must have adequate professional liability insurance and have this approved by the Candidate Progress Committee. Supervision (face to face) at least once a week is required, with a supervisor approved by the Institute. Cost of supervision is arranged between candidate and supervisor, and is not part of the annual tuition fee. When the candidate has shown sufficient ability to conduct his/her first clinical case, he/she will be approved by the Candidate Progress Committee to begin a second and then a third case with different approved supervisors. Each case must be seen for treatment at least three times weekly. Three control cases are required, and must include both genders. A minimum of 160 supervisory hours /weeks is required, with at least 80 hours for the first case, and at least 40 each for cases two and three. Before any case can begin, the patient must be discussed with an approved by the selected supervisor.

All candidates must complete a scholarly/scientific paper on a topic of interest (theoretical, clinical, applied psychoanalysis, or any combination of these) to qualify for graduation. After the candidate has completed the seminars and supervised clinical training, the Candidate Progress Committee will consider reports from instructors, clinical supervisors and readers of the clinical reports, as well as the scholarly paper to ascertain whether the candidate is considered to have successfully fulfilled all the training requirements. Successful candidates are recommended to the Executive Committee. Upon graduation, a Diploma is awarded and the graduate analyst will be formally admitted to the Toronto Society for Contemporary Psychoanalysis.
Written Reports

Case reports are due twice a year for all cases in progress, as well as for any case which terminated prematurely. Two typewritten, double-spaced copies of the report must be submitted to the TICP Administrative Coordinator. Reports may not be submitted by Email. To maintain confidentiality, patients must be identified simply by initials only (no names) and no other identifying information should be contained in the report.

Reports are subsequently sent to readers assigned by the Candidate Progress Committee. One reader is assigned per case. The same reader will follow the case from the beginning of supervision to completion of the required number of supervisory hours and reports. The following areas need to be addressed in case reports: 1) Identifying Date; 2) Summary of History and Mental Status; 3) Course of Analysis; and 4) Formulation.

The Candidate Progress Committee reviews all case reports, supervisors’ evaluations, and readers’ reports, and teacher’s evaluations.

Advisors

Members of the Candidate Progress Committee provide consultation and guidance to candidates throughout their training. This makes it possible for each candidate to have direct access to a member of the committee from start to finish of his/her training, to ensure consistency and continuity of communication between candidate and committee.

The committee member, or advisor:
* Acts as reader on at least one of the candidate’s cases,
* Maintains an up-to-date record of the candidate’s progress through the program,
* Acts as advisor for the candidate in cases of dispute with other members of the TICP,
* Provides liaison between candidate and the CPC with regard to satisfactory completion of requirements.

Unregulated Health Professionals

Candidates who are not members of a regulated health profession must be receiving ongoing supervision on their psychotherapy cases from a supervisor approved by the TICP Candidate Progress Committee through the training and until graduation. Supervision would usually be weekly but must be, at minimum, one hour per month.
CME Credits for Physician Candidates

Re: MOCOMP (Maintenance of Certification of Medical Practice) Credits

The Toronto Institute for Contemporary Psychoanalysis (TICP) training program qualifies for Section 4 credits for CME (Continuing Medical Education). This means that each hour spent in class, each hour in supervision for your control case, and each hour at the Weekend Workshops is rated as 1 credit an hour, with no maximum in the five-year period.

It is the responsibility of each physician to keep track of the credits he/she earns, and submit them to the Royal College of Physicians and Surgeons at the end of the year. At the completion of the training at TICP you are required to document the objectives of the traineeship, and the impact it has made on your practice.

The TICP must maintain attendance records, documentation that the components of the Program training are completed, and provide a certificate confirming completion of the Program.

Overview of the Curriculum

The first year provides an overview of several psychoanalytic perspectives (Freudian, Kleinian, British Object Relations, Self Psychology, Relational Psychoanalysis). Toward the end of the year, an evening will be devoted to looking at one case from multiple perspectives. There will be a number of sessions assigned to help prepare candidates to begin their first control case.

In the second, third and fourth years, various topics will be studied from multiple points of view. Much time will also be devoted to continuous case presentations. In the fourth year there will be considerable space for elective courses determined conjointly by the candidates and the Curriculum Committee.

Instructors are urged to: present their material as much as possible from a comparative-integrative perspective; assist candidates in developing the capacity to think critically about theory and clinical material; introduce clinical material to illustrate theory; develop candidates’ capacity for clinical formulation and intervention.