**FACULTY**

**Jessica Benjamin, Ph.D.** is a psychoanalyst in New York City. She is a supervising faculty member at New York University Postdoctoral Psychology Program in Psychotherapy and Psychoanalysis and at the Stephen Mitchell Center for Relational Studies. She is a well-known contributor to the development of relational psychoanalysis, and the theory of intersubjectivity. She is the author of three books: *The Bonds of Love, Like Subjects, Love Objects*, and *The Shadow of the Other*. Her most frequently cited article is “Beyond Doer and Done to: An Intersubjective View of Thirdness.” She has been part of the relational psychoanalytic movement from its inception. She helped found the relational track at NYU Postdoc, the International Association for Relational Psychoanalysis and Psychotherapy, and the Mitchell Center for Relational Studies where she currently serves on the board.

**Dr. Brent Willock** is President, TICP; Advisory Board member, International Association for Relational Psychoanalysis and Psychotherapy; Board Member, Canadian Institute for Child and Adolescent Psychoanalytic Psychotherapy; Faculty, Institute for the Advancement of Self Psychology. He is author of *Comparative-Integrative Psychoanalysis* and first editor of: *On Deaths and Endings: Psychoanalytic Reflections on Finality, Transformation and New Beginnings; Taboo or not Taboo? Forbidden Thoughts, Forbidden Acts in Psychotherapy and Psychoanalysis; Loneliness and Longing: Conscious and Unconscious Aspects; and Understanding and Coping with Failure.*

**THE TICP**

The Toronto Institute for Contemporary Psychoanalysis offers a four-year program of professional and scholarly education that examines, contrasts and, where possible, integrates the thought and methods of major perspectives in contemporary psychoanalysis. The TICP brings outstanding investigators from around the world to present their work to professionals and scholars interested in expanding their knowledge of psychoanalysis.

**SAVE THE DATE - FUTURE TICP CONFERENCES:**

- May 3, 2014: Dr. Beatrice Beebe
- September 27, 2014: Dr. Tony Bass

**PLANNING COMMITTEE**

Dr. Hazel Ipp | Dr. Gary Rodin
Dr. Sam Izenberg | Dr. Sarah Turnbull
Dr. Judi Kobrick | Dr. Brent Willock
Dr. Karl Loszak |  

For further information about this workshop or about the TICP and its Training Programs, please visit us at www.ticp.on.ca or contact:

**Neomi Offman**
416.688.7572 | neomio@rogers.com

**Suzanne Pearen**
416.288.8060 | info@ticp.on.ca

**Saturday January 25, 2014**
9:30 a.m. - 4:00 p.m.

George Ignatieff Theatre
University of Toronto
15 Devonshire Place
Toronto, Ontario

**Mutuality and Intersubjectivity from Birth to Termination:**

Mothers, Babies and Analysts in light of the Third

Guest Presenter

**Jessica Benjamin, Ph.D.**
SYNOPSIS


The new psychoanalytic developmental perspective on self and other grew out of many strands of thinking in the latter part of the 20th century, and in particular this talk considers how relational theory met developmental theory with a focus on mutuality. My own vision of intersubjectivity was embedded in and grew out of a matrix including many currents in philosophy, object relations (especially Winnicott), self psychology, attachment studies, infancy research, and the feminist recognition of the mother as a separate subject.

Over time the mutuality implicit in this perspective moved my thinking from the idea of “recognition and destruction” as a one-way process where the analyst survives, to a two-way process in which there is mutual survival, where each survives the other, where the relationship moves from rupture to repair of the third. This perspective worked in tandem with the evolving reflection on trauma and dissociation, the reciprocal nature of attunement to each partner’s self states: the idea that the analyst, too, must change, must show the impact of the patient’s affect, experience, suffering.

With the re-evaluation of enactments in therapeutic change, it became possible to flesh out the insight that at some level mutual knowing is unavoidable as well as desirable. I have discussed the consequences of this shift, namely that the analyst has to acknowledge moments of failed witnessing and open them for exploration with the patient. Here I will further develop this theme, discussing the problem of the analyst’s shame and vulnerability, the mutual nature of trust and safety, and relate it to the way in which the patient’s knowledge of the analyst’s mind and the concept of the third facilitates this kind of analysis.

LEARNING OBJECTIVES

1) Understand the developmental origins of mutuality in the mother-infant relationship, especially in relation to the balance of mutuality and asymmetry in the therapeutic relationship.
2) Understand how mutuality plays a role in contemporary psychoanalytic work with trauma.
3) Understand how mutuality and relational knowing contribute to building a “third” in analysis.
4) Learn how to identify the breakdown of mutuality (the third) and work with impasse and enactments usefully.
5) How acknowledgment facilitates repair and the best use of enactments.
6) How mutual recognition contributes to the concept of the third can be used in clinical practice.

SCHEDULE

9:30 am  Introduction - Dr. Brent Willock
9:40 am  You’ve Come a Long Way Baby: Recognizing Maternal Subjectivity and the Meaning of Therapeutic Mutuality (Part One)  
- Dr. Jessica Benjamin
10:40 am  Dialogue between audience and Dr. Jessica Benjamin
11:40 am  Lunch (on your own)
2:00 pm  You’ve Come a Long Way Baby: Recognizing Maternal Subjectivity and the Meaning of Therapeutic Mutuality (Part Two)  
- Dr. Jessica Benjamin
4:00 pm  Closing Remarks - Dr. Brent Willock

REGISTRATION

Registration is limited. All cheques must be made payable to TICP. Cancellation must be made in writing; if received prior to January 10, 2014 a full refund less $25.00 will be given. There are no refunds after that date.

Name: ____________________________________________
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Telephone: ____________________________________________
Email: ________________________________________________
Professional Affiliation (please indicate if M.D.)
______________________________________________________

FEES

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* Full time university, ID required
** Group rate applies to 6 or more participants.
   Please contact 416.288.8060 for group registration

Please register online at www.ticp.on.ca
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