



Toronto Institute for Contemporary Psychoanalysis  
is pleased to welcome

Jonathan Slavin, Ph.D. and Miki Rahmani, MA  
with Mia Medina, Psy.D.

September 16, 2017

## Those 45 Minutes Completely Changed My Life! Freud's consultation with ML and what 21<sup>st</sup> Century Therapists can learn from it

Guest Presenters

Jonathan H. Slavin, Ph.D., ABPP and Miki Rahmani, M.A. in Toronto  
and Mia Medina, Psy.D., in Istanbul, Turkey

Saturday, September 16, 2017

9:00 a.m. – 1:00 p.m.

Trinity College, University of Toronto  
Combination Room, 6 Hoskin Avenue, Toronto

### **About the Presentation**

"Those 45 minutes completely changed my life!" So said 88 year old Margarethe Lutz, an Austrian artist, to her interviewer. She was talking about her single session with Sigmund Freud 70 years before, in 1936, when she was just 18 years old. The astonishing account of Margarethe's one session with Freud was published in the respected German weekly *Die Zeit* in 2006. But it has never before been published or discussed in the psychoanalytic literature.

Margarethe's description of her meeting shows us Freud working in a way that we almost never hear about, far different than the common idea of how psychoanalysis or psychotherapy is supposed to happen. Most important, we witness vividly what can happen in even one meeting when two minds meet and touch.

Two minds meeting is not the usual way we think of Freud's views. Indeed we "know" that Freud's thinking was designed to take psychoanalysis in the opposite direction; to objectify the process and to avoid both the analyst's personal influence and the powerful efforts of the patient to affect the analyst, described dramatically in his paper "*Observations on Transference Love*."

In this workshop we undertake to have a new look at the evolution of Freud's views, not as the familiar classical analyst, but to witness the uncanny emergence of frankly relational themes and ideas. We do this by examining two of his most important technical papers during the last 20 years of his work and in discussing the revolutionary way he worked with Margarethe.

In the first part of the workshop we will look closely at 2 papers (listed below) in which Freud directly addresses the question of the analyst's and the patient's influence. And we will look at this and other questions as we present and discuss this dramatic case and its implications for our work today.

**Since we will discuss these papers in detail, we ask you to read, or re-read them, even if you know them. Our discussion will proceed seminar-style and will assume that everyone has read them.** A third paper (Slavin) is suggested to provide an updated account of the question of the analyst's influence in a relational perspective.

## Readings

**\*\*Freud, S. (1915).** Observations on transference-love *Standard Edition*, 12:159-171. London: Hogarth Press, 1958.  
*Paper provided and is available online, it will be helpful to bring a copy with you.*

**\*\*Freud, S. (1937).** Constructions in analysis. *Standard Edition*, 23:256-269.  
*Paper provided and is available online, it will be helpful to bring a copy with you.*

**Optional: Slavin, J. (2010).** Becoming an individual: Technically subversive thoughts on the role of the analyst's influence. *Psychoanalytic Dialogues*, 20:308-324. *Paper provided and is available online.*

## Learning Objectives

*After participating in this program, participants should be able to:*

1. Describe the ways in which the therapist's authority can be employed in obtaining more effective and lasting treatment outcomes.
2. Describe how an active way of listening and participating in the treatment dialogue can foster the patient's sense of personal agency.
3. List at least one way in which Freud's intervention with this patient is similar to a more contemporary psychoanalytic technique.
4. Describe the ways in which a comparative understanding of contemporary relational perspective converges with and deviates from classical psychoanalysis and list the advantages and disadvantages of both perspectives.

## Schedule of the Day

8:30 – 9:00 Registration  
9:00—10:45 Presentation  
10:45—11:00 Break  
11:00—1:00 Presentation and discussion

## About the Speakers

**Jonathan H. Slavin, Ph.D., ABPP**, is Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Adjunct Clinical Professor, Postdoctoral Program in Psychotherapy & Psychoanalysis, New York University; Founding Director, Tufts University Counseling Center (1970–2006); Former President of the Division of Psychoanalysis (39), American Psychological Association; and Founding President, Massachusetts Institute for Psychoanalysis. Dr. Slavin's published work has focused on fundamental human elements in the psychoanalytic relationship including love, sexuality, desire, truthfulness, and personal agency, and their role in the repair of the mind.

**Miki Rahmani, M.A.**, is Chief Psychologist, South Jerusalem Mental Health Center, and is a former long-time member on the Faculty of the School of Education, Hebrew University, Jerusalem, Israel. In more than 35 years of clinical teaching and consulting she has taught annual courses, seminars, and workshops on the supervisory relationship, the supervisory process in clinical work and in education, and on the treatment process.

### **Guest presenter:**

**Mia Medina, Psy.D.**, is on the faculty at Bilgi University, and in private practice of psychoanalytic psychotherapy and supervision, Istanbul, Turkey. She previously served as a psychologist and supervisor at Brigham and Women's Faulkner Hospital, Boston, and adjunct faculty at William James College (Massachusetts School of Professional Psychology). Her articles and papers have dealt with trauma, self-harm in patient symptomatology, and the therapist-patient relationship.

## Registration Options

REGULAR: \$100 STUDENT: \$60

Register [ONLINE](http://www.ticp.on.ca) at [www.ticp.on.ca](http://www.ticp.on.ca) or call 416.288.8060 or email [info@ticp.on.ca](mailto:info@ticp.on.ca)

