



# ESSENTIALS OF PSYCHOANALYSIS

## A 30-SESSION CERTIFICATE PROGRAM

**September 2021 – May 2022**

This program is open to anyone interested in gaining a foundational understanding of psychoanalytic theories and their application to practice. The program also provides a solid base for those considering either the 3-Year Psychotherapy or 4-Year Psychoanalytic training programs at TICP.

**VIRTUAL LEARNING IS AVAILABLE.** Students participate in synchronous learning in the weekly live seminars via videoconference.

Topics covered include:

*Introduction to the Psychoanalytic Frame of Reference*  
*Analytic Attitude*  
*Analytic Listening*  
*Attachment Theory*  
*Character*  
*Concepts of Development*  
*Unconscious Dynamics*  
*Relationality*  
*Concepts of Change*  
*Empathy and Mentalization*  
*Transference & Countertransference*  
*Motivations and Drives*  
*Contemporary Perspectives on Psychopathology*  
*Psychoanalytic Interventions*

The final six seminars are devoted to case presentations and are led by senior clinicians. Class members working in a psychoanalytically informed way will have the opportunity to present cases and clinical processes will be discussed.

Classes held on Tuesday  
evenings from  
7:00 – 9:00 p.m. EST

Both in-person and  
virtual learning options  
available

Tuition is \$2,000

*Guest Membership in the  
TSCP for the academic  
year included*

Applications Due

**JUNE 1, 2021**

Application Fee is \$125

### FOR MORE INFORMATION

[www.ticp.on.ca](http://www.ticp.on.ca)

416.288.8060

[info@ticp.on.ca](mailto:info@ticp.on.ca)



Toronto Institute for  
Contemporary Psychoanalysis

427 Vaughan Road  
Toronto, ON M6C 2P1