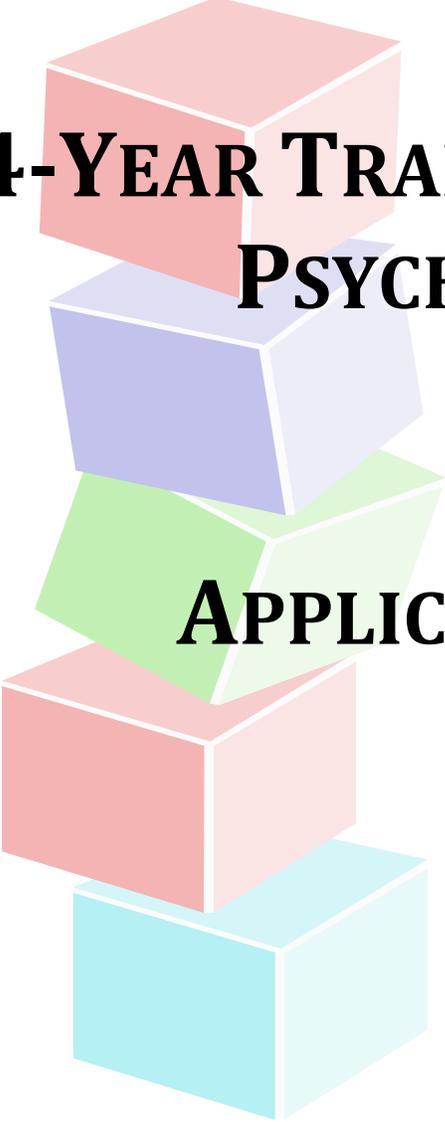


The Toronto Institute
for
Contemporary Psychoanalysis

A stack of five 3D cubes is positioned on the left side of the page. From top to bottom, the cubes are colored: light red, light purple, light green, light red, and light blue. The cubes are slightly offset from each other, creating a sense of depth and movement.

**4-YEAR TRAINING PROGRAM IN
PSYCHOANALYSIS**

APPLICATION GUIDE

Toronto Institute for Contemporary Psychoanalysis 4-Year Training Program Application Guide

Founding Board Members **Toronto Institute for Contemporary Psychoanalysis**

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EDUCATIONAL PHILOSOPHY

The Toronto Institute for Contemporary Psychoanalysis' program of intensive study aims to be clinically astute, intellectually rigorous, and comprehensive. It strives to strike an appropriate balance between professional training and scholarly education. The curriculum promotes these goals through seminars designed to integrate theory and practice, fostering the ability to think critically about several major points of view (e.g. classical psychoanalysis, ego psychology, Kleinian analysis, British Object Relations, Self Psychology, Relational psychoanalysis), and to formulate clinical material from a variety of viewpoints. This curriculum reflects a comparative/integrative perspective. Theoretical positions are compared and contrasted, seeking to synthesize them where possible, and to understand what might make such integration difficult or impossible at this time. Attention is also given to the historical context in which theories develop, the scientific/philosophical assumptions inherent in them and, where relevant, the personality of the theorists. (A more detailed description of this orientation can be found in the book *Comparative-Integrative Psychoanalysis* by TICP President, Brent Willock, published by The Analytic Press, New York, 2007.)

HISTORY

In the early 1980's, a group of clinicians and academicians passionately interested in psychoanalysis assembled in Toronto to discuss what might be done to contribute to the development of the discipline in Ontario. That animated forum led to the creation of a Psychoanalytic Section within the *Ontario Psychological Association* in 1985. In monthly scientific meetings, stimulating presentations were made by: senior analysts with international reputations (e.g., Prof. Morris Eagle, Dr. Paul Lerner, Prof. Otto Weininger); other academics deeply involved in the field (e.g., Professors Phyllis Grosskurth and Paul Roazen); local clinical investigators and practitioners; and by graduate students conducting dissertation research on psychoanalytic topics. Long-term study groups were established (Freud, Object Relations Theory, Lacan). Eminent psychoanalytic contributors were brought to Toronto to conduct full-

day workshops open to anyone in the field. These events attracted large, multidisciplinary audiences from all over the province and beyond, stimulating much productive thinking and psychoanalytic interest.

As our association grew, the founding members decided it would be beneficial to formalize an affiliation with a body to which many already belonged, namely the Division of Psychoanalysis of the *American Psychological Association* (Division 39). The Division had made enormous contributions to revitalizing psychoanalysis in North America and was widely regarded as having become, in a relatively short time, one of the world's largest, most exciting, creative, important, psychoanalytic organizations. It facilitated training opportunities for some previously excluded professional groups. In 1991, *The Ontario Society for Contemporary Psychoanalysis* became the first Canadian Chapter of the Division.

A Workshop Series, co-sponsored by the Psychoanalytic Section and *The Ontario Society for Contemporary Psychoanalysis*, exposed our community to such prominent figures as Professors Sidney Blatt and Irene Fast, Drs. Stephen Mitchell, Jay Greenberg, and James Fosshage. Sensing the enthusiasm, commitment and energy of our group, some of these individuals encouraged us to develop an institute to expand opportunities for analytic training. Intensive labour to create our Institute began in 1989. Support, advice, and encouragement were provided by the Division. Distinguished contributors to psychoanalytic education, research, and scholarship generously agreed to serve on our International Advisory Board.

From the beginning, the professional community manifested strong interest in the innovative program of studies offered by the *Toronto Institute for Contemporary Psychoanalysis*. The first class was admitted in September 1992. (At the same time, the Institute joined the International Federation for Psychoanalytic Education and, in 1999, the TICP became a Founding Member of the Association of Autonomous Psychoanalytic Institutes.) New groups of candidates have been admitted every two years with backgrounds in psychiatry, psychology, social work, and a variety of other academic disciplines. Candidates commute from within Toronto and other cities in Ontario (e.g., London, Kingston, Ottawa) and the United States (e.g., Buffalo, Rochester). A few have relocated from much further away in order to participate.

In 1996, the *Toronto Society for Contemporary Psychoanalysis* was established. Its mandate was to sponsor monthly scientific meetings and study groups to encourage scholarship, scientific productivity, continuing education, and professional affiliation. Society meetings are open to faculty, graduates, candidates, members of the Advisory Board, and individuals who apply for and are approved as Guests of the Society.

The TICP collaborates with institutes outside Canada that share our interest in comparative-integrative analysis. For example, we have a close working relationship with The Massachusetts Institute for Psychoanalysis (MIP). In 2002 many of our candidates and faculty traveled to Boston to participate in MIP seminars and attend their Annual Symposium. In 2003, candidates and faculty from MIP came to Toronto to participate in a conference we cosponsored with the International Association for Relational Psychoanalysis and Psychotherapy. Since then, this cross-fertilization has continued in formal and informal ways.

Having learned of our innovative activities, three internationally renowned psychoanalytic societies (New York University's Postdoctoral Program in Psychoanalysis and Psychotherapy, the William Alanson White Psychoanalytic Institute, and Adelphi University's Postdoctoral Program in Psychoanalysis and Psychotherapy) proposed joining with us to co-sponsor an international conference in the Toronto area. This exciting venture, focusing on what is taboo in psychoanalysis, took place at Niagara-on-the-Lake in July 2000. It was a resounding success. In 2009, London's Karnac Press published a book including many papers from that symposium, called *Taboo or Not Taboo? Forbidden Thoughts, Forbidden Acts in Psychoanalysis and Psychotherapy*. This volume was part of Karnac's *New Developments in Psychoanalysis* book series, edited by Peter Fonagy, Mary Target, and Liz Allison. Dr. Brent Willock (TICP) served as First Editor of the book. Prof. Rebecca C. Curtis (Adelphi) and Dr. Lori C. Bohm (William Alanson White) were Co-Editors. In 2010, this book was nominated by the award's jury of the National Association for the Advancement of Psychoanalysis for their Gradiva Award for the Best Clinical Book of 2009. It received the 2010 Goethe Award for Psychoanalytic and Psychodynamic Scholarship from the Canadian Psychological Association's Section on Psychoanalytic and Psychodynamic Psychology.

The synergy between these four psychoanalytic societies was such that we now hold conferences every other year. Our second Joint International Conference was held in July 2002 at Trinity College, Dublin, co-sponsored with the Irish Psychoanalytic Forum. The high level of scholarship led to a second book, published by Routledge (London), entitled *On Deaths and Endings: Psychoanalysts' Reflections on Finality, Transformations, and New Beginnings*. This book was awarded the National Association for the Advancement of Psychoanalysis' 2008 Gradiva Award for Best Anthology and was shortlisted for the Goethe Award.

Our 2005 conference on *Power and Its Discontents* took place in Cape Town, South Africa. It inspired a book on psychodynamic psychotherapy in South Africa, published by The University of the Witwatersrand Press. In 2008 the Joint International Conference returned to Canada, this time in Vancouver, at the University of British Columbia. It resulted in a book, *Loneliness and Longing: Conscious and Unconscious Aspects* (Routledge, 2012). In August 2010, our Fifth Joint International Conference took place at the University of Edinburgh, culminating in a book, *Understanding and Coping with Failure: Psychoanalytic Perspectives* (Routledge, 2014). The Sixth JIC was held in Auckland, New Zealand in 2012 on the topic *Alike/Unlike: Navigating the Divide*. The 7th JIC on *Passion* happened in Florence, Italy in 2014. Books based on these latter themes are in preparation.

In 2005 we began publishing *The Bulletin of the Toronto Society for Contemporary Psychoanalysis*. Its Founding Editor was Dr. Scott Bishop. In Fall 2009, Keith Haartman and Kate Harper became the new editors. This publication can be accessed for on-line reading or can be downloaded from our website (www.ticp.on.ca).

Our Founding Mentor, Dr. Stephen Mitchell, died unexpectedly in December 2000. His passing was a great shock and loss. In his honour, we established an Annual Stephen Mitchell Memorial Lecture. The first such presentation was given in 2002 by his closest friend, Dr. Lewis Aron.

Dr. Mitchell was to have been first President of the International Association for Relational Psychoanalysis and Psychotherapy. Dr. Aron accepted that responsibility and IARPP's first conference was held in Stephen's memory in New York City, January 2000. Dr. Hazel Ipp, Vice-President of TICP, and a close colleague of Stephen's, has served on IARPP's Board of Directors for many years, in many capacities, including President. She also serves as editor of one of the most innovative journals in our field, founded by Stephen Mitchell, namely *Psychoanalytic Dialogues*.

In June 2004, our increasing international contacts culminated in our co-sponsoring an exciting symposium in Sicily with the Istituto di Specializzazione in Psicologia Psicoanalitica del Sé e Psicoanalisi Relazione (Rome and Milan), the Massachusetts Institute for Psychoanalysis, the Contemporary Institute for Psychoanalysis (Los Angeles), and the Institute for the Psychoanalytic Study of Subjectivity (New York). The theme was *Dionysus' Ear: Trauma, Tragedy and Psychoanalytic Listening*. This event was distinctive not only because it took place in the beautiful, historic, seaside city of Siracusa, but also because it was organized around our shared experience of two powerful, classical Greek tragedies, Euripides' *Medea* and Sophocles' *Oedipus Rex* performed in the ancient outdoor amphitheater during our stay. Dr. Hazel Ipp represented us on the organizing committee while Drs. Judith Levene, Gail White, Alan Kindler, Gary Taerk, Bruce Herzog, Hazel Ipp and Brent Willock were presenters, discussants, and panel chairs. In June 2010, our second Collaborative Conference was held in Ortigia, Sicily, at which Judi Kobrick and Hazel Ipp participated, and was titled: *All the Gods Must be Honoured: The Dilemmas of Multiplicity in Tragedy and Psychoanalysis*.

In 2009, the TICP launched a web blog, *Historical and Contemporary Explorations in Psychoanalysis*. Created and sustained by one of our graduates, Katherine Harper, this website aggregated material pertaining to the past, present, and future of our discipline.

In the fall of 2011, the TICP celebrated its 20th year with a gala party at the University of Toronto. In 2015, Brent Willock stepped down as President after 26 years of inspiring and contributing to the essence and "core" of the TICP. He was celebrated alongside colleagues, friends and family and lauded for his generous dedication and commitment. Keith Haartman took the helm of the TICP Bulletin that continues to flourish and grow. In 2015, the TICP community clinic was launched under the able direction of Frances Newman; the TICP attained charitable status as a nonprofit organization spearheaded by Karl Loszak with continuing development by Stephanie Bot. Faculty, candidates and guests participated in the Annual IARPP Conference held in Toronto in 2015, entitled *The Relational Pulse: Controversies, Caricatures, and Clinical Wisdom*. Hazel Ipp ensured that all the varied and complex moving parts of the IARPP conference kept moving until the very end, playing many roles with boundless energy and affording our community a wonderful opportunity. In 2016, TICP took over the committee of the Goethe Award from the Canadian Psychological Association. In January 2017, Elizabeth Danto, curatorial consultant to the Freud Museum, London, lectured on the "why, where and how" Freud and the founders of the psychoanalytic movement created their own free clinics for accessible treatment through their generous donation of time and expertise. This set the stage for TICP's first fundraising Gala in April 2017, chaired by Stephanie Bot, featuring the play *"Freud's Last Session"* that contributed substantially to furthering the development of the TICP low fee and free community clinic, a significant and ongoing project.

We are very pleased with how much has been accomplished in this time. The Institute is flourishing. More than two decades ago, the time was clearly ripe for exciting new developments on the Canadian psychoanalytic scene. We are happy to have been able to contribute to that evolution. Prodigious efforts by many have born wonderful fruit. The Toronto Institute and Society for Contemporary Psychoanalysis is now securely established as a major contributor to the discipline in Canada and in the international arena as an ever increasing number of our faculty and graduates present their work at international conferences, publish innovative ideas in journals and books, and assume positions of responsibility in local and international organizations. The future of the Institute and Society promises to be at least as exciting as have been the years leading up to this moment.

Judi Kobrick, Ph.D.
President, TICP

Brent Willock, Ph.D
Founding President, TICP

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General Information

Inquiries should be addressed to:

Suzanne Pearen, Administration Manager, TICP
c/o Business Administration Office:
17 Saddletree Trail, Brampton, ON, L6X 4M5
Phone: 416.288.8060
Email: info@ticp.on.ca

Training Location:

All training takes place at the TICP Office & Community Clinic located at 427 Vaughan Road, Toronto, ON, M6C 2P1

Application Procedure:

Application forms may be obtained from the Administration Office or downloaded from www.ticp.on.ca and need to be received in the Administration Office by May 1st of the admission year.

Prerequisites:

Applications are welcomed from the broad field of mental health professionals. *Preferred* requirements for applications to the comprehensive Clinical training program are from those who possess a post-graduate degree and professional designation to practise as psychologists, psychiatrists, social workers or psychotherapists. Applicants should be experienced in clinical work with patients who manifest a broad range of psychological disorders. **The TICP reserves the right to admit exceptional candidates who do not meet some of the formal requirements outlined.**

The TICP also offers an Academic stream to those applicants who do not wish to pursue any clinical work. This option might, for example, be of interest to a university professor who utilizes psychoanalytic thinking in his /her discipline and wishes to become more thoroughly immersed in the psychoanalytic field in order to deepen understanding and/or further research.

It is expected that all candidates will have resolved their own psychological issues. As such, all candidates, whether studying in the Academic or the comprehensive Clinical stream, are required to be in a therapeutic analysis at a minimum three sessions weekly. The analysis must be in place prior to commencement of the training program, and continue for at least two full years for academic stream candidates or, for clinical candidates, for a major portion of the required clinical case work.

Evaluation of Applicants:

The Admissions Committee will consider the applicant's educational background, clinical experience*, letters of reference, and at least two interviews with individuals designated by the TICP. The Admissions Committee will submit its recommendations to the Executive Committee for final ratification. Applicants who are deferred or declined admission may re-apply at a later date for admission in a subsequent year.

* For those applying to the comprehensive Clinical Stream.

Fees:

The current annual TUITION FEE is \$3,500.00. This includes participation at all Weekend Workshops and Scientific Meetings. Fees may be subject to change in future class sessions at the determination of the TICP Board of Directors. Fees for active candidates may be paid in full or in two installments, either by cheque or online at www.ticp.on.ca. Fees are due on September 1 and January 1 of the academic year (if paying in installments). **Post-academic candidates** (who have completed the four years of seminars) pay a tuition fee of \$300.00, which includes participation in the Scientific Program (Weekend Workshops *not* included). Candidate status cannot be retained for academic or post-academic candidates who do not remit fees by the stated deadline. Any fees submitted after the deadline date must be approved by the CPC Chair before that deadline and should include a \$50.00 late payment fee.

Withdrawing candidates will receive a full refund minus \$700 (cost of the initial 6 weeks of class) and an administration fee of \$100 if notice is received within the first 6 weeks of the fall term. This may be reviewed on a case by case basis if withdrawal is due to a health issue or an unforeseen and serious event.

SUPERVISION COSTS are not covered by the tuition fee. Candidates are required to make private, separate arrangements with their supervisors for the cost of supervision sessions with respect to training cases.

For additional information, visit our web site, at www.ticp.on.ca

The Training

Classes are held on **Monday evenings**, from **7:00 – 10:00 p.m.** at the **TICP Office & Community Clinic, located at 427 Vaughan Rd., Toronto, ON, M6C 2P1.**

The academic structure of the Institute calendar is as follows: There are weekly seminars from September through June for a period of four years. Each year is divided into two terms. Each Monday involves three hours of seminar time over thirty weeks per year, for a total of 90 hours a year. In addition, three two-day Workshops are presented each year by leading international psychoanalytic scholars for a total of an additional 120 hours. Candidates may not be absent for more than two seminars per term. Should absence exceed this, credit will not be given until the instruction has been made up through special arrangements made with instructors and approved by the Candidate Progress Committee. An attendance record is kept by instructors and monitored by the CPC. In the event that a candidate must miss one of the three above-noted Workshops, the candidate is expected to (a) make up missed workshop in the fifth year of training at his/her own expense, or (b) write an academic paper related to the missed workshop. Either alternative needs to be arranged for and confirmed by the candidate with the Chair of the Candidate Progress Committee.

It is expected that all candidates will have resolved their own psychological issues to the point where their clinical work will not be compromised. If deemed ready, the candidate will be expected to begin a supervised psychoanalytic case at the end of the first year of classes. All candidates must have adequate professional liability insurance and have this approved by the Candidate Progress Committee. Supervision (face to face) at least once a week is required, with a supervisor approved by the Institute. Cost of supervision is arranged between candidate and supervisor, and is not part of the annual tuition fee. When the candidate has shown sufficient ability to conduct his/her first clinical case, he/she will be approved by the Candidate Progress Committee to begin a second and then a third case with different approved supervisors. Each case must be seen for treatment at least three times weekly. Three control cases are required, and must include both genders. A minimum of 160 supervisory hours /weeks is required, with at least 80 hours for the first case, and at least 40 each for cases two and three. Before any case can begin, the patient must be discussed with an approved by the selected supervisor.

All candidates must complete a scholarly/scientific paper on a topic of interest (theoretical, clinical, applied psychoanalysis, or any combination of these) to qualify for graduation. After the candidate has completed the seminars and supervised clinical training, the Candidate Progress Committee will consider reports from instructors, clinical supervisors and readers of the clinical reports, as well as the scholarly paper to ascertain whether the candidate is considered to have successfully fulfilled all the training requirements. Successful candidates are recommended to the Executive Committee. Upon graduation, a Diploma is awarded and the graduate analyst will be formally admitted to the Toronto Society for Contemporary Psychoanalysis.

Written Reports

Case reports are due twice a year for all cases in progress, as well as for any case which terminated prematurely. Two typewritten, double-spaced copies of the report must be submitted to the TICP Administration Manager. Reports may not be submitted by email. To maintain confidentiality, patients must be identified simply by initials only (no names) and no other identifying information should be contained in the report.

Reports are subsequently sent to readers assigned by the Candidate Progress Committee. One reader is assigned per case. The same reader will follow the case from the beginning of supervision to completion of the required number of supervisory hours and reports. The following areas need to be addressed in case reports: 1) Identifying Date; 2) Summary of History and Mental Status; 3) Course of Analysis; and 4) Formulation.

The Candidate Progress Committee reviews all case reports, supervisors' evaluations, and readers' reports, and teacher's evaluations.

Advisors

Members of the Candidate Progress Committee provide consultation and guidance to candidates throughout their training. This makes it possible for each candidate to have direct access to a member of the committee from start to finish of his/her training, to ensure consistency and continuity of communication between candidate and committee.

The committee member, or **advisor**:

- * Acts as reader on at least one of the candidate's cases,
- * Maintains an up-to-date record of the candidate's progress through the program,
- * Acts as advisor for the candidate in cases of dispute with other members of the TICP,
- * Provides liaison between candidate and the CPC with regard to satisfactory completion of requirements.

CME Credits for Physician Candidates

Re: MOCOMP (Maintenance of Certification of Medical Practice) Credits

The Toronto Institute for Contemporary Psychoanalysis (TICP) training program qualifies for **Section 4** credits for CME (Continuing Medical Education). This means that **each hour** spent in class, **each hour** in supervision for your control case, and **each hour** at the Weekend Workshops is rated as **1 credit an hour**, with no maximum in the five-year period.

It is the responsibility of each physician to keep track of the credits he /she earns, and submit them to the Royal College of Physicians and Surgeons at the end of the year. At the completion of the training at TICP you are required to document the objectives of the traineeship, and the impact it has made on your practice.

The TICP must maintain attendance records, documentation that the components of the Program training are completed, and provide a certificate confirming completion of the Program.

Overview of the Curriculum

The first year provides an overview of several psychoanalytic perspectives (Freudian, Kleinian, British Object Relations, Self Psychology, Relational Psychoanalysis). Toward the end of the year, an evening will be devoted to looking at one case from multiple perspectives. There will be a number of sessions assigned to help prepare candidates to begin their first control case.

In the second, third and fourth years, various topics will be studied from multiple points of view. Much time will also be devoted to continuous case presentations. In the fourth year there will be considerable space for elective courses determined conjointly by the candidates and the Curriculum Committee.

Instructors are urged to: present their material as much as possible from a comparative-integrative perspective; assist candidates in developing the capacity to think critically about theory and clinical material; introduce clinical material to illustrate theory; develop candidates' capacity for clinical formulation and intervention.

Toronto Institute for Contemporary Psychoanalysis

Email: info@ticip.on.ca Web: www.ticip.on.ca



Application Form

Date: _____

RETURN COMPLETED FORM TO:

S. Pearen, Administration Manager, TICP
c/o TICP Administration Office, 17 Saddletree Trail, Brampton, Ontario, L6X 4M5

PLEASE NOTE: Training location is at the TICP Office & Community Clinic located at 427 Vaughan Rd., Toronto, ON, M6C 2P1.

APPLICATION FEE: \$300.00 to be submitted with application, payable either by cheque or online by credit card at www.ticip.on.ca or by e-transfer to info@ticip.on.ca Cheques should be made payable to the "Toronto Institute for Contemporary Psychoanalysis".

SURNAME: _____

GIVEN NAME(S): _____

Address (BUSINESS): _____

Business Telephone: _____ Fax: _____

Address (HOME): _____

Home Telephone: _____ Fax: _____

E-MAIL Address: _____

Preferred Mailing Address, To: Business ~ or Home ~

PROFESSION: _____

UNIVERSITY DEGREES: _____

PROFESSIONAL QUALIFICATIONS: _____

REGISTRATION/ LICENCE TO PRACTICE, ETC.: _____

LIABILITY INSURANCE: I am currently insured by: _____

Positions Held

Chronological List	Name of Employer	Duration

Professional Papers / Contributions

Title	Publication/Conference	Date

References

Provide the names and addresses of three individuals who have known you well in your professional work for at least two years. Please have these individuals send a letter of reference at the time of your application, detailing their evaluation of your personal qualities and psychotherapeutic work.

	Name / Address	Occupation	Period Known
1.			
2.			
3.			

Previous Personal Analysis or Psychotherapy

Dates	Frequency	Name of Analyst/Therapist
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Previous Training in Psychotherapy

Courses:

Supervision:

Academic Background

Universities	Faculties	Date(s) of Entry	Qualifications
			Scholarships
			Educational Grants
			Honours, etc.

Post-Graduate Institutes	Date(s) of Entry	Date(s) of Leaving	Qualifications
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Societies and Professional Bodies of which you are a Member or Fellow (Provide Details).

Rev: April 2020