

Toronto Institute for Contemporary Psychoanalysis
in collaboration with



Climate Psychology Alliance North America
Minding Mother Earth

presents

COVID IN THE TIME OF CLIMATE CRISIS

Saturday, June 6th, 2020

10:30 a.m. – 12:00 p.m.

Via ZOOM VIDEOCONFERENCE

ABOUT THIS PRESENTATION

As we work amidst the perils of the pandemic, any other global issue may seem irrelevant, even trivial. However, we believe that it is essential that we recognize ways the current pandemic may be foreshadowing the distress and disruption of the intensifying climate and ecological crisis.

With Covid-19, the unseen, nonhuman world has invaded the consulting room, and has obliterated the physical sharing of the dyad. We are faced with trying to navigate our own isolation, distress and disruption.

In this seminar we will explore how to use our analytic understanding to adapt to this sudden, forced change, and its ensuing environmental and interpersonal trauma. We will challenge aspects of our compulsion, our longing, to “return to normalcy” after the current epidemic subsides. We will instead reflect on how to utilize the sudden rupture to foster a reparative shift towards more sustainable lives. We will also discuss ways of dealing with disavowal, dissociation and other defences, to instead facilitate ways to hold greater awareness. We will highlight the importance of processing grief, fear, guilt and anger as part of fostering individual and social resilience.

Advance readings and video-conference link available upon [RSVP](#).

ABOUT THE SPEAKERS

Elizabeth Allured, Psy.D., Faculty, Postgraduate Programs in Psychoanalysis and Psychotherapy, Adelphi University; Co-President, Climate Psychology Alliance North America

Wendy Greenspun, Ph.D., Faculty, Manhattan Institute for Psychoanalysis and Psychotherapy; Steering Committee, Climate Psychology Alliance North America

SUGGESTED ADVANCE READING

Relevant references will be sent to the participants prior to the event.

SUPPORT THE TICP COMMUNITY CLINIC

There is no fee to attend this presentation. Donations are encouraged in support of the TICP Community Clinic. To make your donation, please visit www.ticp.on.ca

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