



OACCPP
Ontario Association of
Consultants, Counsellors,
Psychometrists and
Psychotherapists



Workshop:
**Implementing Online Counselling Services
in Your Practice**

Date: April 13, 2019

Location: Miles Nadal Jewish Community Centre - Room R318,
750 Spadina Ave, Toronto, ON M5S 2J2

Time: 9:30 a.m. to 4:30 p.m.

Cost: \$150

The *Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists (OACCPP)* and the *Canadian Association of Psychodynamic Therapists (CAPT)* are hosting a joint workshop on online counselling. The facilitator is Lawrence Murphy, founder of Therapy Online.

Participants will learn:

- To identify ethical issues unique to online service delivery
- A process for developing policies and procedures for online services
- To describe important technological considerations in the use of web-based services
- Important advantages that online therapy has over face to face therapy
- To explain significant theoretical considerations in online work
- A variety of strategies and techniques for establishing and enhancing the therapeutic alliance in the online environment.

Participants will also network with like-minded colleagues and gain insight from those who have started offering online therapy.

Registration link:

<https://mhpw.ca/oaccpp-capt-clinical-practice-online-april-13/>

About Lawrence Murphy



Lawrence Murphy is the founder of Worldwide Therapy Online, the world's first online clinical practice, which he established in 1994.

In collaboration with the National Board for Certified Counselors, he authored the first ethical code for online counselling. Through Therapy Online's Research Institute, Lawrence and his colleagues publish regularly in the academic literature, including their seminal 1998 work *When Writing Helps to Heal: Email as Therapy*, which has been cited more than 280 times. Therapy Online delivers 2 levels of training in cybercounselling and licenses software to individuals, agencies and institutions keen to deliver services online.

Lawrence received his MA in Counselling Psychology from the University of British Columbia in 1995. He teaches in the Department of Psychology at Wilfrid Laurier University and holds an adjunct appointment in the School of Graduate Studies at the University of Toronto.

About online counselling

Today, people use the Internet for everything. And, increasingly, clients expect to be able to connect with professionals online.

According to the CRPO, "a member is considered to have an electronic practice when they rely on communications technologies to engage with clients in the therapeutic process." These include, but are not limited to:

- Phone or voiceover internet protocol (VOIP)
- Email or direct messaging
- Videoconference

The only question is whether the professional is ready. Some people suggest that online services are the future of counselling and therapy. But they are not. Virtually every major EAP in Canada now offers online services. And many smaller agencies and private practitioners do as well. Universities across the country are also getting on board. The future is now.

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