



The Toronto Institute for Contemporary Psychoanalysis
is pleased to present

Working with Extreme States

DR. GILL STRAKER

Saturday, September 15, 2018

George Ignatieff Theatre
15 Devonshire Place, Toronto, ON M5S 1H8

10:00 a.m. – 4:00 p.m.

ABOUT THE DAY

In this day long workshop we will explore extreme self-states and integrated ways of approaching them. In the first seminar we will look at states of marginalization and exile as depicted in a short Australian film called *Night Cries*. We will interrogate extreme self-states both as they are represented in *Night Cries* and in terms of what they elicit in us. We will explore how extreme states pull us both toward the splitting apart of love and hate and toward the closing down of thinking as we drown in feeling.

In the second seminar we will continue to explore extreme states elicited in us as therapists. Through the exploration of case studies we will ask what ports of call might provide safety in the stormy seas of enactments generated by toxic social ideologies and shared trauma histories. These toxic ideologies include racism, sexism and homophobia. We will explore the notion of the anti-analytic third as a particular third that closes down thought and embroils us in enactments generated by the normative unconscious (Layton).

In the third seminar participants will be invited to present work in which they have felt challenged by extreme states elicited in them by their patients and co-constructed with them.

Learning Objectives

Participants will:

- Increase an understanding and capacity to identify the emotional and somatic markers of extreme self-states;
- Deepen an understanding of the oft-repeated statement that for the patient to change the counter-transference needs to change;
- Introduce the concept of the anti-analytic third as a particular form of impasse/enactment related to toxic social discourses and the normative unconscious.

Schedule of the Day

- 10:00 a.m. Introduction
10:10 a.m.: Dr. Gill Straker
"States of Marginalization and Exile"
11:00 a.m.: Audience Discussion
12:00 – 2:00: Lunch **on your own*
2:00 p.m.: Dr. Gill Straker
"Extreme States and the Anti-Analytic Third"
3:00 p.m.: Audience Discussion:
Challenges of Extreme States in Clinical Work
4:00 p.m.: Closing remarks

ABOUT THE SPEAKER

Gill Straker, Ph.D. is a clinical professor in Psychology University of Sydney and a visiting research professor University Witwatersrand South Africa. She is a psychoanalytic psychotherapist and supervisor in private practice in Sydney; is the director of Centre for Applied Studies in Psychotherapy and Counselling and is involved in a number of training programs. She has broad experience working in the area of post-traumatic and continuing traumatic stress. She has worked with UNHCR on programs for refugees and survivors of torture and detention. She was involved in providing counselling services to individuals on the run from the Apartheid State. She has numerous publications in the fields of post-traumatic stress, psychotherapy, peace studies and spirituality. She has published a book called Faces in the Revolution and has a forthcoming book with Jacqui Winship on relational psychoanalysis entitled Ordinary Everyday Madness

Judi Kobrick, Ph.D. is President, supervising analyst, faculty and founding member of the Toronto Institute for Contemporary Psychoanalysis (TICP), faculty at Toronto Psychoanalytic Institute & Society (TPS&I), and is in private practice.

Planning Committee

Dr. Hazel Ipp Dr. Hilary Offman Dr. Sarah Turnbull
Dr. Judi Kobrick Dr. Gary Rodin Dr. Brent Willock

MOC CREDITS

This event is an accredited group learning activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Psychiatric Association (CPA). The specific opinions and content of this event are not necessarily those of the CPA and are the responsibility of the organizer(s) alone.

ABOUT THE TICP

The Toronto Institute for Contemporary Psychoanalysis offers a four-year program of professional and scholarly education that examines, contrasts and where possible, integrates the thoughts and methods of major perspectives in contemporary psychoanalysis. The TICP brings outstanding investigators from around the world to present their work to professionals and scholars interested in expanding their knowledge of psychoanalysis.

SAVE THE DATE: FUTURE TICP EVENTS

TICP Conference – **Dr. Nancy McWilliams**
February 23, 2019

TICP Conference – **Dr. Sam Gerson & Dr. Shelley Nathans**
May 25, 2019

REGISTRATION

Registration is limited. All cheques must be made payable to TICP. Cancellation must be made in writing; if received prior to **September 1, 2018** a full refund less \$25 will be given. There are no refunds after that date.

Name _____

Address _____

City _____

Province _____

Postal _____

Telephone _____

Email _____

Professional Affiliation (Please indicate if MD)

FEES

Earlybird Registration Deadline is **September 1, 2018**

TSCP Member: \$170 / \$180

Regular: \$180 / \$190

Student: \$100 / \$120

ONLINE REGISTRATION AT:

www.ticp.on.ca

QUESTIONS?

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To register by mail please send this form to:

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