



Toronto Institute for Contemporary Psychoanalysis

YEAR ONE

Fall 2020 Term Syllabus & Readings List

- * Introduction to Comparative-Integrative Psychoanalysis
- * Introduction to the TICP Psychoanalytic Training Program
 - * Introduction to Ethics
 - * Freud
 - * Object Relations



Toronto Institute for Contemporary Psychoanalysis

First Year Curriculum 2020 – 2021 (rev July 21 2020)

	Date	Seminar 1 (7:00 – 8:25 pm)	Faculty		Seminar 2 (8:25 – 10:00 pm)	Faculty		
Orientation/Welcome to TICP (Candidates meet with Executive Committee) Wednesday September 2, 2020								
1	September 14	Intro to Comparative-Integrative	Willcock		Intro to 4-Year Program	Harvey		
2	September 21	Intro to Ethics	Izenberg/Loszak		Intro to Ethics	Izenberg/Loszak		
3	October 5	Freud	Harvey		Freud	Thomson		
4	October 19	Freud	Harvey		Freud	Thomson		
5	October 26	Freud	Harvey		Freud	Harvey		
6	November 2	Freud	Harvey		Freud	Thomson		
7	November 9	Freud	Harvey		Freud	Harvey		
Weekend Workshop November 14/15, 2020: Dr. Donnel Stern								
8	November 16	Freud	Thomson		Freud	Thomson		
9	November 23	Contemporary Freudian	Gozlan		Contemporary Freudian	Gozlan		
10	November 30	Obj Rel TF: Abraham	Loszak		Obj Rel: Overview & Trans.Figs.	Britzman		
11	December 7	Obj Rel: Ferenczi	Kobrick		Obj Rel: Ferenczi	Kobrick		
12	December 14	Obj Rel: Klein	Britzman		Clinical Illustration (Klein)	Britzman		
13	January 4	First Control Case	Babiak		First Control Case	Babiak		
14	January 11	Obj. Rel: Contemporary Kleinian	Gozlan		Clinical Illustration (cont. Klein)	Gozlan		
15	January 18	Obj Rel: Bion	Hewitt		Clinical illustration (Bion)	Hewitt		
16	January 25	Brit. Obj Rel: Fairbairn/Guntrip	Yanchyshyn		Brit. Obj Rel: Fairbairn/Guntrip	Yanchyshyn		
17	February 1	Brit. Obj Rel: Balint	Loszak		Clin. Illustration (Fairbairn/Guntrip)	Yanchyshyn		
18	February 8	Brit. Obj Rel: Winnicott	Caspary		Clinical Illustration (Winnicott)	Caspary		
19	February 22	Brit. Obj Rel: Winnicott	Caspary		Clinical illustration (Winnicott)	Caspary		
20	March 1	Self Psychology	Bishop		Clinical Illustration (Self Psych)	Bishop		
Weekend Workshop March 6/7, 2021: Dr. Steven Cooper								
21	March 8	Self Psychology	Bishop		Clinical illustration (Self Psych)	Bishop		
22	March 22	Cont. Self Psychology	Kay		Clinical illustration (Cont Self Psych)	Kay		
23	March 29	Cont. Self Psychology	Kay		Clinical illustration (Cont Self Psych)	Kay		
24	April 5	Interpersonal (Sullivan)	Offman		Clinical illustration (Interpersonal)	Offman		
25	April 12	Relational Psychoanalysis	Ipp		Relational Psychoanalysis	Ipp		
26	April 19	Relational Psychoanalysis	Ipp		Relational Psychoanalysis	Ipp		
27	April 26	Relational Psychoanalysis	Rodin		Relational Psychoanalysis	Rodin		
28	May 3	Relational Psychoanalysis	Rodin		Relational Psychoanalysis	Rodin		
29	May 10	Relational Psychoanalysis	Ipp		Relational Psychoanalysis	Ipp		
30	May 17	Wolf Man: Multiple Perspectives	EH (Chair) ST, HO, DB		Wolf Man: Multiple Perspectives	ST(Chair) DB, HO, EH		
31	May 31	Contemporary Case: Mult. Persp's	BW(Chair), JS, ST, BH		Contemporary Case: Mult. Persp's	BW(Chair), JS, BH, ST		
	June 7	Year End Social & Review (with Curriculum Committee)						

Mondays off in 2020	Mondays off in 2021
Sept 28, 2020 (Yom Kippur)	Feb. 15, 2021 (Family Day)
Oct. 12, 2020 (Thanksgiving)	March 15, 2021 (March Break)
Dec. 21, 28, 2020 (Winter Break)	May 24, 2021 (Victoria Day)



Year 1, 2020 – 2021

Fall Term 2020 Syllabus

Seminar 1: 7:00 – 8:25 p.m.

Seminar 2: 8:35 – 10:00 p.m.

CLASS LOCATION:

TICP Office & Community Clinic

427 Vaughan Road, Toronto, ON, M6C 2P1

***NOTE: Due to the current COVID-19 physical distancing protocols in place as per the directives of Public Health Authorities, all TICP seminars will be hosted online via Zoom Videoconference for the fall term.**

Readings listed as “PDF” are available by download from TICP ShareFile. Readings listed as “PEPweb” must be sourced independently by candidates either on PEPweb or elsewhere.

Candidates are responsible for sourcing recommended readings independently if not available on PEPweb or TICP ShareFile.

***PLEASE NOTE IN ADVANCE ALL BOOK PURCHASE REQUIREMENTS AND ASSIGNMENTS**

Books may be purchased via Caversham Booksellers.

<https://www.cavershambooksellers.com/cat/TICPTextsPSA1stYear>

They are classified as TICP textbooks and a small student discount is provided.

TICP Statement on Learning and Ethics

TICP is dedicated to fostering a community in which faculty, candidates, and members treat one another with respect and care. These values include all teaching and learning endeavors, which should be characterized by openness and tolerance of different perspectives. TICP affirms its commitment to creating an environment free of prejudice on the basis of age, disability, ethnicity, gender, gender identity, race, religion, ancestry, sexual orientation, or socioeconomic status. All members and candidates should aspire to exemplify these ideals in their conduct in the classroom and in all other pedagogical contexts.

SEPTEMBER 2, 2020

WELCOME & ORIENTATION EVENING

Candidates will meet with Executive Committee



September 7, 2020 – LABOUR DAY HOLIDAY – NO CLASS

SEPTEMBER 14, 2020

The readings for our first night of classes are from Dr. Willock's book, **Comparative-Integrative Psychoanalysis** (The Analytic Press: New York, 2007) as well as from Mitchell & Black's book **Freud and Beyond: A History of Modern Psychoanalytic Thought** (Basic Books, Perseus Books Group, NY 1995).

Since you are receiving this communication several weeks before class, you might consider reading both books in their entirety. Later, when life becomes busier, many of you may only have time to read a chapter of an author's oeuvre. Hopefully these books will help prepare you for this major step you are taking in your education and career development. Dr. Willock's book provides a useful overview of our Institute's philosophy, the rationale behind our curriculum, and will help orient you to the program. Do not worry if you do not understand every word. There is no need to read every chapter if you do not wish to do so.

As you ponder this material, you will no doubt have various reactions, thoughts, questions. **Please jot them down and come to class with these ideas and queries** and we will discuss them.

SEMINAR ONE

Introduction to Comparative-Integrative Psychoanalysis

Instructor: Brent Willock, Ph.D., C.Psych.

Readings

Willock, B. (2007) Comparative-Integrative Psychoanalysis: A Relational Perspective for the Discipline's Second Century. The Analytic Press: New York. *(Book to purchase)*

Mitchell, S. and Black, M. (1995) Freud and Beyond: A History of Modern Psychoanalytic Thought. Basic Books, Perseus Books Group, NY. *(Book to purchase)*

SEMINAR TWO

Introduction to the TICP 4-Year Psychoanalysis Training Program

Instructor: Elizabeth Harvey, Ph.D., RP

Readings

Glen O. Gabbard and Thomas H. Ogden, (2009). "On Becoming a Psychoanalyst." International Journal of Psycho-Analysis, 90(2):311-327 (PEPweb)



Core Concepts

Program requirements; strategies for survival and optimal learning; affordances for personal development and formation; becoming a psychoanalyst

SEPTEMBER 21, 2020

SEMINARS ONE & TWO

Introduction to Ethics

Instructors: Karl Loszak, M.D. and Sam Izenberg, M.D.

Readings

Seminar 1

Code of Ethics of the Toronto Society for Contemporary Psychoanalysis and the Toronto Institute of Contemporary Psychoanalysis. (PDF)

Assignment:

- * What are the values entailed in the Code of Ethics of the TICP?
- * What values are not entailed in the Code? Do you think they should be?

Seminar 2

Taylor, Charles (1989) "Inescapable Frameworks", Ch 1 in Sources of the Self: The Making of Modern Identity, Harvard University press, pp 3 – 24 (PDF)

Galatzer-Levy, Robert. Psychoanalytic Research and Confidentiality: Dilemmas. In, *Confidentiality: Ethical Perspectives and Clinical Dilemmas*, Hillsdale, NJ: The Analytic Press, Chapter 7, pp 86-106 (PDF)

Learning Objectives

The teaching of ethics has too often been regarded as ancillary to the core of the psychoanalytic curriculum. The central aim of these two introductory seminars is to illustrate that ethical practice and good psychoanalytic technique are virtually synonymous, which is to say that the practice of psychoanalysis is, at its heart, an ethical endeavour. Secondly, it is increasingly recognized that the introduction of ethical considerations early in training raises consciousness of ethical issues and thus serves a preventive role in the avoidance of ethical transgressions later in professional life.

In the first seminar, candidates are invited to reflect on what values underlie the TICP code of ethics and how such values inform the practice of psychoanalysis. This serves also as an introduction to common themes in professional ethics and to the principles of ethical reasoning.



In the second seminar, we begin with Charles Taylor's "Inescapable Frameworks" (Chapter 1 of *Sources of the Self*) to illustrate two main points. First, the question is not whether values influence psychoanalytic practice, but whether psychoanalysts are aware of their implicit evaluative assumptions. Therefore, it is important for psychoanalysts to reflect on the values implicit in the psychoanalytic view – and their own individual view – of human nature (and of what constitutes the "good life")

We also read Robert Galatzer-Levy's paper on the inherent conflict between the value of confidentiality and the value of psychoanalytic education. This serves as an introduction to the importance of weighing conflicting ethical values that is of particular relevance to those embarking on training for a career in psychoanalysis.

Keywords

code of ethics, inescapable values, ethical reasoning, values vs. ethics, confidentiality

SEPTEMBER 28, 2020 – ROSH HASHANA – NO CLASS

OCTOBER 5, 2020

SEMINAR ONE

Freud

Instructor: Elizabeth Harvey, Ph.D., RP

Readings

Sigmund Freud, *An Outline of Psychoanalysis*. Standard Edition, vol. 23. 141-207. (PEPweb)

Core Concepts

Unconscious; preconscious; conscious; Model of the mind; instincts; development of sexuality

Keywords

Id, ego, superego, object relations; object love; narcissism

Freud Module Learning Objectives:

During the six introductory seminars on Freud, candidates will read papers from each stage of Freud's career. The objectives are



- to arrive at an understanding of the overall shape of Freud's career and the historical context in which he worked and elaborated his psychoanalytic theories.
- to develop a familiarity with his major concepts, evolving thought, and his techniques for the clinical practice of psychoanalysis.
- to gain, keeping in mind the various meanings of Freud's view of psychoanalysis as "the impossible science," an appreciation for his many styles of thinking and writing, including his seemingly absolute self-confidence and his pervasive use of paradox and ambiguity.

SEMINAR TWO

Freud

Instructor: Clive Thomson, Ph.D.

Continuation of readings, learning objectives and keywords from Seminar 1

OCTOBER 12, 2020 – THANKSGIVING HOLIDAY – NO CLASS

OCTOBER 19, 2020

SEMINAR ONE

Freud

Instructor: Elizabeth Harvey, Ph.D., RP

Readings

Sigmund Freud, Studies on Hysteria: On the Psychical Mechanism of Hysterical Phenomena: Preliminary Communication, SE, vol. 2: 3-17. (PEPweb)

Josef Breuer, Fraulein Anna O. SE 2, 21-47. (PEPweb)

Core Concepts

Foundation text of psychoanalysis; first psychoanalytic theories

Keywords

Hysteria; cathartic method; free association; resistance; repression; sexual trauma; hysterical conversion; abreaction; cathartic method

SEMINAR TWO

Freud



Instructor: Clive Thomson, Ph.D.

Readings

Sigmund Freud, 1915. The Unconscious. SE vol. 14. 166-215.

Core Concepts

Unconscious mental processes; topography; repression; ego, id, superego

Keywords

Unconscious; knowledge; memory; censorship; instincts; libido; interpretation

OCTOBER 26, 2020

SEMINARS ONE & TWO

Freud

Instructor: Elizabeth Harvey, Ph.D., RP

Readings

Sigmund Freud, 1917. Mourning and Melancholia. SE vol. 14, 243-258. (PEPweb)

Sigmund Freud, 1923. The Ego and the Id. SE 19, 3-66. (PEPweb)

Core Concepts: Structural model; id, ego, superego; narcissism; ego ideal; pleasure principle, death drive

Keywords: mourning; melancholia; object cathexis; identification; narcissistic object choice

NOVEMBER 2, 2020

SEMINAR ONE

Freud

Instructor: Elizabeth Harvey, Ph.D., RP

Readings:

Sigmund Freud, 1905. Three Essays on the Theory of Sexuality, SE vol. 7. 135-243. (PEPweb)



Core Concepts: Drive theory; Oedipus Complex; oral, anal, phallic stage; latency; anaclisis; autoerotism; object choice

Keywords: Neurosis, perversion; the role of affects; Infantile sexuality; psychosexual development

SEMINAR TWO

Freud

Instructor: Clive Thomson, Ph.D.

Readings:

Sigmund Freud, 1905. Three Essays on the Theory of Sexuality, SE vol. 7. 135-243. (PEPweb)

Learning Objectives and Keywords:

Please refer to Seminar One.

NOVEMBER 9, 2020

SEMINARS ONE & TWO

Freud

Instructor: Elizabeth Harvey, Ph.D., RP

Readings

Sigmund Freud, 1919. Lines of Advance in Psycho-analytic Psychotherapy, SE vol. 17. 159-168. (PEPweb, PDF)

Sigmund Freud, 1937. Constructions in Analysis. SE vol. 23, 257-269. (PEPweb, PDF)

Sigmund Freud. 1937. Analysis Terminable and Interminable. SE, vol. 23, 211-253. (PEPweb)

Core Concepts: Analytic activity, technique, abstinence, archaeological analogy, termination, working through, death instinct, prophylactic treatment

Keywords: delusion, historical truth, resistance, alteration of the ego

WEEKEND WORKSHOP: November 14/15, 2020

Dr. Donnel Stern, Ph.D.

PLEASE NOTE: Due to current COVID-19 physical distancing protocols, further details about this weekend conference and the candidate workshop will be communicated at a later date.



NOVEMBER 16, 2020

SEMINARS ONE & TWO

Freud

Instructor: Clive Thomson, Ph.D.

Readings

Sigmund Freud. 1933. Revision of the Theory of Dreams. SE, vol. 22, 7-30. (PEPweb)

Sigmund Freud. 1907. Delusions and Dreams in Jensen's Gradiva SE, Vol. 9, 1-96. (PEPweb)

Core Concepts: Dreams, wish fulfilment, day residue, delusion, ambiguity

Key Words: Wilhelm Jensen; imagination, phantasy; hero, reality; symbolism

NOVEMBER 23, 2020

SEMINARS ONE & TWO

Contemporary Freudian

Instructor: Oren Gozlan, Psy.D., C.Psych.

Readings

Bollas, Christopher (1999) Sexual Epiphany. Hysteria, Routledge, NY. (*instructor to provide*)

Recommended Reading:

Cordelia Schmidt-Hellerau, 2005. We are Driven. *Psychoanalytic Quarterly*, 74: 989-1028. (PEPweb)

Learning Objectives

Psychosomatics; lack of psychic meaning in psychosomatic illness; body as the source of phantasy life; somatizing through regression; somatizing through the unbinding of the drives

Keywords

Narcissistic libido; drive theory; the role of life/death drive



NOVEMBER 30, 2020

SEMINAR ONE

Object Relations: Transitional Figures, Abraham

Instructor: Karl Loszak, M.D.

Readings

Abraham, K. (1924). A short study of the development of the libido, viewed in the light of the mental disorders, In, E. Jones (Ed.), Selected Papers of Karl Abraham. London: Hogarth Press, 1973, pp. 418-498. (PDF)

Note: This is an important chapter, but it peters out a bit toward the very end. Consequently, the last few pages (499-501) are not required reading. They are speculative and not in line with the more clinical focus of the rest of the chapter.

Learning Objectives

To be provided

Keywords

To be provided

SEMINAR TWO

Object Relations: Overview and Transitional Figures

Instructor: Deborah Britzman, DRP, FRSC. RT., Ed.D.

Readings

Guntrip, H. (1971). Psychoanalytic Theory, Therapy, and the Self.

New York: Basic Books, pp. 19-68:

Chap 3 (The turning point: From psychobiology to object-relations) (PDF)

Blechner, M. (2005). The Gay Harry Stack Sullivan: Interactions between his life, clinical work, and theory. Contemporary Psychoanalysis 41:1 (1-19) (PDF)

Britzman, D. (2016). "Affecting Psychoanalysis" (Chapter 2 in Britzman, Melanie Klein, Early analysis, play and the question of freedom) (Springer). (PDF)

Background reading recommendations

Guntrip, H. (1971). Chap 2 (The starting point of psychodynamic inquiry).

(Note, the PDF of Gruntrip has both chapters 2 and 3. Our focus will be chapter 3)



Learning Objectives

Psychoanalysis is a living field of the uneven relations between thought and practice and the influential figures that have extended or reconceptualized the views of Sigmund Freud. This seminar considers some analytic challenges to and some agreements with Sigmund Freud's theories of psychical life and the techniques for the study and treatment of that life.

Keywords

object relations; self/other; psychical apparatus; drives; libidinal ego; Oedipus complex; affect; personalistic view; sexuality, transference

December 7, 2020

SEMINARS ONE & TWO

Object Relations: Ferenczi

Instructor: Judi B. Kobrick, Ph.D., C.Psych.

Readings

Haynal, A. (2005) In the shadow of controversy: Freud and Ferenczi 1925-33. *Int.J.Psycho-Analysis*, 86(2):457-466. (PEPweb)

Ferenczi, S. (1949) Confusion of tongues between the adults and the child – (The language of tenderness and of passion). *Int. J. Psycho-Analysis*, 30,225-230. (PEPweb)

Rachman, A.W. (1989) Confusion of tongues: The Ferenczian metaphor for childhood seduction and emotional trauma. *Journal of the American Academy of Psychoanalysis*,17(2):181-205. (PEPweb)

Learning Objectives

The seminar is an introduction to Ferenczi's theoretical and clinical work, in particular Elizabeth Severn (RN), trauma treatment challenges, and its impact on the development of object relations, interpersonal and contemporary relational traditions. Ferenczi represented a significant shift in psychoanalytic thinking and practice highlighting the importance of the intersubjective exchange and the "the dialogue of the unconscious" (1915) between the analyst and analysand.



Keywords

Introjection, archaic object relations, transitional phenomena, transference/ countertransference, empathy, identification with the aggressor, dissociative phenomena, developmental aspects of regression, dreams as communication and interpretations as tentative.

DECEMBER 14, 2020

SEMINARS ONE & TWO

Object Relations: Klein

Instructor: Deborah Britzman, DRP, FRSC. RT., Ed.D.

Readings

Segal, Hanna (1974) Introduction to the Work of Melanie Klein, Basic Books, Inc. Publishers, NY. Chapter 6, The Depressive Position, pp 67-91. (PDF)

Feldman, Michael (1997) "Projective Identification: The Analyst's Involvement", International Journal of Psychoanalysis, 78:227-241. (PDF, PEPweb)

Klein, Melanie (1946). Notes on some schizoid mechanisms. International Journal of Psychoanalysis. Vol. 27. (PDF, Pep Web)

Quindoz, J.M. (2018). Lectures on techniques by Melanie Klein: The return of feelings. International Journal of Psychoanalysis Vol.99: 4 (962-967). (PDF and PEPweb)

Suggested background readings:

Selections from Deborah Britzman's (2016) Melanie Klein: Early analysis, play and the question of freedom. Springer Press. (PDF)

Chapters: Chapter 1, "Preludes"; CH 6, "Everything good and bad"

Learning Objectives

This seminar is an initial introduction to Kleinian thought with emphasis on definitions and understanding of core concepts which remain clinically relevant today. We will look at how Kleinian theory and the analytic attitude opens new ways to consider the emotional situation of object relations and techniques for their analysis.

Understanding the origins of some original concepts allows the student to explore what remains unchanged and what has been modified in contemporary theory and practice.

Keywords



Psychical reality; Objects—whole and part; paranoid schizoid and depressive positions; early infantile defenses; projective identifications, anxiety, phantasy, analytic attitude, techniques

**NO CLASSES DECEMBER 21 AND DECEMBER 28, 2020: WINTER BREAK
CLASSES RESUME JANUARY 4, 2021**