



Toronto Institute for Contemporary Psychoanalysis

YEAR ONE

Winter/Spring 2021 Term Syllabus & Readings List

- * First Control Case
- * Object Relations
- * British Object Relations
 - * Self Psychology
- * Contemporary Self Psychology
 - * Interpersonal
- * Relational Psychoanalysis
- * Panels – Classis & Contemporary



Toronto Institute for Contemporary Psychoanalysis

First Year Curriculum 2020 – 2021 (rev July 21 2020)								
	Date	Seminar 1 (7:00 – 8:25 pm)	Faculty	√	Seminar 2 (8:25 – 10:00 pm)	Faculty	√	
Orientation/Welcome to TICP (Candidates meet with Executive Committee) Wednesday September 2, 2020								
1	September 14	Intro to Comparative-Integrative	Willcock		Intro to 4-Year Program	Harvey		
2	September 21	Intro to Ethics	Izenberg/Loszak		Intro to Ethics	Izenberg/Loszak		
3	October 5	Freud	Harvey		Freud	Thomson		
4	October 19	Freud	Harvey		Freud	Thomson		
5	October 26	Freud	Harvey		Freud	Harvey		
6	November 2	Freud	Harvey		Freud	Thomson		
7	November 9	Freud	Harvey		Freud	Harvey		
Weekend Workshop November 14/15, 2020: Dr. Donnel Stern								
8	November 16	Freud	Thomson		Freud	Thomson		
9	November 23	Contemporary Freudian	Gozlan		Contemporary Freudian	Gozlan		
10	November 30	Obj Rel TF: Abraham	Loszak		Obj Rel: Overview & Trans.Figs.	Britzman		
11	December 7	Obj Rel: Ferenczi	Kobrick		Obj Rel: Ferenczi	Kobrick		
12	December 14	Obj Rel: Klein	Britzman		Clinical Illustration (Klein)	Britzman		
13	January 4	First Control Case	Babiak		First Control Case	Babiak		
14	January 11	Obj. Rel: Contemporary Kleinian	Gozlan		Clinical Illustration (cont. Klein)	Gozlan		
15	January 18	Obj Rel: Bion	Hewitt		Clinical illustration (Bion)	Hewitt		
16	January 25	Brit. Obj Rel: Fairbairn/Guntrip	Yanchyshyn		Brit. Obj Rel: Fairbairn/Guntrip	Yanchyshyn		
17	February 1	Brit. Obj Rel: Balint	Loszak		Clin. Illustration (Fairbairn/Guntrip)	Yanchyshyn		
18	February 8	Brit. Obj Rel: Winnicott	Caspary		Clinical Illustration (Winnicott)	Caspary		
19	February 22	Brit. Obj Rel: Winnicott	Caspary		Clinical illustration (Winnicott)	Caspary		
20	March 1	Self Psychology	Bishop		Clinical Illustration (Self Psych)	Bishop		
Weekend Workshop March 6/7, 2021: Dr. Steven Cooper								
21	March 8	Self Psychology	Bishop		Clinical illustration (Self Psych)	Bishop		
22	March 22	Cont. Self Psychology	Kay		Clinical illustration (Cont Self Psych)	Kay		
23	March 29	Cont. Self Psychology	Kay		Clinical illustration (Cont Self Psych)	Kay		
24	April 5	Interpersonal (Sullivan)	Offman		Clinical illustration (Interpersonal)	Offman		
25	April 12	Relational Psychoanalysis	Ipp		Relational Psychoanalysis	Ipp		
26	April 19	Relational Psychoanalysis	Ipp		Relational Psychoanalysis	Ipp		
27	April 26	Relational Psychoanalysis	Rodin		Relational Psychoanalysis	Rodin		
28	May 3	Relational Psychoanalysis	Rodin		Relational Psychoanalysis	Rodin		
29	May 10	Relational Psychoanalysis	Ipp		Relational Psychoanalysis	Ipp		
30	May 17	Wolf Man: Multiple Perspectives	EH (Chair) ST, HO, DB		Wolf Man: Multiple Perspectives	ST(Chair) DB, HO, EH		
31	May 31	Contemporary Case: Mult. Persp's	BW(Chair), JS, ST, BH		Contemporary Case: Mult. Persp's	BW(Chair), JS, BH, ST		
	June 7	Year End Social & Review (with Curriculum Committee)						

Mondays off in 2020	Mondays off in 2021
Sept 28, 2020 (Yom Kippur)	Feb. 15, 2021 (Family Day)
Oct. 12, 2020 (Thanksgiving)	March 15, 2021 (March Break)
Dec. 21, 28, 2020 (Winter Break)	May 24, 2021 (Victoria Day)



Year 1, 2020 – 2021

Winter/Spring Term 2021 Syllabus

Seminar 1: 7:00 – 8:25 p.m.

Seminar 2: 8:35 – 10:00 p.m.

CLASS LOCATION:

TICP Office & Community Clinic

427 Vaughan Road, Toronto, ON, M6C 2P1

***NOTE: Due to ongoing concerns regarding COVID-19 and physical distancing protocols mandated by Public Health authorities, all TICP candidates will continue to participate in the scheduled weekly seminars via videoconference (Zoom) for the Winter/Spring 2021 term.**

We will re-evaluate a return to the classroom site for in-person learning based on guidance from public health officials. TICP is committed to providing a safe and healthy learning environment for all students and faculty at TICP and will continue to follow all advice from public health authorities on this matter.

Readings listed as “PDF” are available by download from TICP ShareFile. Readings listed as “PEPweb” must be sourced independently by candidates either on PEPweb or elsewhere.

Candidates are responsible for sourcing recommended readings independently if not available on PEPweb or TICP ShareFile.

***PLEASE NOTE IN ADVANCE ALL BOOK PURCHASE REQUIREMENTS AND ASSIGNMENTS**

Books may be purchased via Caversham Booksellers.

<https://www.cavershambooksellers.com/cat/TICPTextsPSA1stYear>

They are classified as TICP textbooks and a small student discount is provided.

TICP Statement on Learning and Ethics

TICP is dedicated to fostering a community in which faculty, candidates, and members treat one another with respect and care. These values include all teaching and learning endeavors, which should be characterized by openness and tolerance of different perspectives. TICP affirms its commitment to creating an environment free of prejudice on the basis of age, disability, ethnicity, gender, gender identity, race, religion, ancestry, sexual orientation, or socioeconomic status. All members and candidates should aspire to exemplify these ideals in their conduct in the classroom and in all other pedagogical contexts.



JANUARY 4, 2021

SEMINARS ONE AND TWO

First Control Case

Instructor: Taras Babiak, M.D.

Readings

Waldhorn, H.F. (1960). Assessment of Analyzability: Technical and Theoretical Observations. *Psychoanal Q.*, 29:478-506 (1960). (PEPweb)

Huxster, H., Lower, R., Escoll, P. (1975). Assessment of Analyzability: Technical and Theoretical Observations *J. Amer. Psychoanal. Assn.*, 23:90-106 (PEPweb)

Frosch, A. (2006). Analyzability. *Psychoanal. Rev.*, 93:835-843 (PEPweb)

Instructor Notes:

- Control Case Selection (PDF)
- Control Case – Assessment (PDF)

JANUARY 11, 2021

SEMINARS ONE & TWO

Object Relations – Contemporary Kleinian

Instructors: Oren Gozlan, C.Psych., ABPP, FIPA

Readings

Seminar 1: Introduction

Britton, Ronald; Complacency in analysis and everyday life, Ronald Britton, in belief and imagination, exploration in psychoanalysis. Pp 82-96 (PDF to be provided by instructor)

Joseph, B. (2000). Agreeableness as Obstacle. *Int. J. Psycho-Anal.*, 81(4):641-649. (PEPweb)

Segal, Hanna. The function of dreams (PDF)

Seminar 2: Clinical Illustration

Please come prepared with questions, comments and examples from your own clinical work

Joseph, B. (1992). Psychic Change: Some Perspectives. *Int. J. Psycho-Anal.*, 73: 237-243 (PEPweb)

Joseph, B. (1982). Addiction to Near-Death. *Int. J. Psycho-Anal.*, 63:449-456. (PEPweb)



Core Concepts

Projective identification and transference/countertransference are interrelated topics, central to Kleinian theorizing:

- Ogden, T. views projective identification as a group of fantasies accompanying object relations involving three phases which together make up a single psychological unit.
- Ogden, T. states: "Projective identification is a psychological process that is at once a type of defense, a mode of communication, a primitive form of object relations, and a pathway for psychological change."

Some authors like Racker connected the analyst's countertransference response to the projective identification on the part of the patient.

- Racker, H. declares that the analyst's identification with the object with which the patient identifies the analyst is the normal countertransference process. He makes a distinction between concordant and complementary identification on the part of the analyst.
- Joseph, Betty, refers to the concept of transference as a total situation.

Keywords

Projection, Introjection, Projective Identification, Transference/Countertransference, Contemporary Kleinians, Post Kleinians

JANUARY 18, 2021

SEMINARS ONE AND TWO

Object Relations - Bion

Instructor: Marsha Hewitt, Ph.D., RP

Readings

Seminar 1: Introduction

Wilfrid Bion: *Los Angeles Seminars and Supervision*, 2013. ed. Joseph Aguayo & Barnet Malin, "First Seminar: 12 April 1967", pp. 1-31; "Second Seminar", pp. 33-54. (to be sourced independently by the student)

Seminar 2: Clinical Illustration

Thomas H. Ogden, 2008. "Bion's Four Principles of Mental Functioning", *fort da*, 14B: 11-35. (PEPweb)

Core Concepts

An introduction to some of the key ideas and their distinctive meanings in the thought of Wilfred Bion, such as memory and desire; mental states of the analyst; projective identification;



container/contained; 'O' and the "mystery" of psychoanalysis and clinical work. Elaboration and critical analysis of key elements Bion's thought by Thomas Ogden. Candidates will understand both central concepts of Bion's thought and their contemporary relevance in psychoanalysis

JANUARY 25, 2021

SEMINARS ONE AND TWO

Object Relations – Fairbairn / Guntrip

Instructor: Gordon Yanchyshyn, M.D.

Readings

Fairbairn, W. D. 1952, CH 4: Endopsychic Structure Considered in Terms of Object Relationships (1944). In Psychoanalytic Studies of the Personality, Routledge NY & London. (PDF)

Guntrip, J. (1969). Schizoid Phenomena, Object-Relations and the Self. New York: IUP. Chapter 2, pp. 49-87. (PDF)

Supplementary Reading:

Ogden, T.H. (1969). Schizoid Phenomena, Object Relations and the Self. New York: IUP CH 2, pp 49 - 87

Core Concepts

- Theory of dynamic structure as an alternative to drive/ego fantasy
- Schizoid conditions arising from early infantile/childhood experiences as distinct from neurotic organization
- The basic endopsychic situation as an intrapsychic defensive organization

Keywords

- Dynamic structure
- Schizoid Disorders
- Libidinal ego/object, antilibidinal ego/object, and central ego/accepted object
- The moral defense
- The regressed libidinal ego

FEBRUARY 1, 2021

SEMINAR ONE

British Object Relations – Balint

Instructor: Karl Loszak, M.D.

Readings



Balint, M. (1955). Friendly expanses - Horrid empty spaces. *Int. J. Psycho-Anal.*, 36, 225-241. (PEPweb)

Balint, M. (1968). The Basic Fault, London: Tavistock publications:
Chapter 3, The two levels of analytic work, pp 11-17 (PDF)
Chapter 4, The area of the basic fault, pp 18-23 (PDF)
Chapter 12, Primary love, pp 64-72 (PDF)

Supplementary Reading:

Balint, M. (1968). The Basic Fault, London: Tavistock publications, Chapter 22, The various forms of therapeutic regression, pp 138-148.

Core Concepts: To be provided

Keywords: To be provided

SEMINAR TWO

Object Relations – Fairbairn / Guntrip - Clinical Illustration (continued)

Instructor: Gordon Yanchyshyn, M.D.

FEBRUARY 8, 2021

SEMINARS ONE AND TWO

British Object Relations - Winnicott

Instructor: Art Caspary, Ph.D., C.Psych.

Readings:

Seminar 1: Introduction

Ogden, T. H. (2001) Reading Winnicott. *Psychoanalytic Quarterly*: 70: 299-323. (PDF)

Winnicott, D. W. (1945) Primitive Emotional Development. *International Journal of Psycho- Analysis*, 26: 137-143. (PDF)

Seminar 2: Clinical Illustrations

Winnicott, D.W. (1971) Transitional Objects and Transitional Phenomena: In *Playing and Reality*, pp. 1-26. (PDF)

Winnicott, D.W. (1962) *Playing: A Theoretical Statement*, In: *Playing and Reality*, pp. 38-52. (PDF)

Suggested Readings:

Ogden, T. (1989) *Playing, Dreaming and Interpreting Experience: Comments on Potential Space*
In: M.G. Fromm & B.L. Smith (Eds.) *The Facilitating Environment*, Madison, Conn. I.U.P. pp. 255-278. (PDF)



Core Concepts:

1. What are the implications of potential space?
2. What is meant by play?

Keywords:

play, holding, transitional space, environment mother, omnipotence.

NO CLASS FEBRUARY 15, 2021 – FAMILY DAY

FEBRUARY 22, 2021

SEMINARS ONE AND TWO

British Object Relations – Winnicott (continued)

Instructor: Art Caspary, Ph.D., C.Psych.

Readings:

Seminar 1

Winnicott, D.W. (1971) The Use of an Object and Relating Through Identifications, in *Playing and Reality*. (PDF)

Seminar 2

Winnicott, D.W. (1960) Ego Distortion in Terms of True and False Self, In: *The Maturation Processes and the Facilitating Environment*, pp. 140-152. (PDF)

MARCH 1, 2021

SEMINARS ONE AND TWO

Self Psychology

Instructor: Scott Bishop, Ph.D., C.Psych.

PLEASE NOTE: BOOK PURCHASE REQUIRED*

Candidates are advised to purchase the book, "Heinz Kohut and the Psychology of the Self" by Allen Siegel as all of the required readings will form the basis of these introductory seminars to self psychology. Although not required, it is also strongly recommended that you read the brief paper by Baker and Baker as a general introduction to some of the central ideas that we will be discussing in the seminars.

Readings:

Seminar 1:

Siegel, A. *Heinz Kohut and the Psychology of the Self*, Chapter 5 and 6. (book)



Strongly Recommended

Baker H. S. & Baker M. N. Heinz Kohut's Self Psychology. *The American Journal of Psychiatry*, 144 (1), 1-9. (PDF)

Seminar 2:

Kohut, H. (1979). The two analysis of Mr. Z. Kohut, H. (1979). *International Journal of Psychoanalysis*, 60(1), 3-27. (PDF, PEPweb)

Core Concepts:

The goal of these seminars is to introduce you to Self Psychology, which is one of the contemporary schools of psychoanalysis developed by Heinz Kohut and a group of his colleagues. In these seminars, we will tackle the following questions:

What was so revolutionary about self psychology when it emerged at a time when drive theory (ego psychology) dominated psychoanalysis in North America?

What problems in psychoanalysis did Kohut perceive and was trying to correct? How did self psychology achieve this? How did the specific shift in the analyst's stance to their patients influence how analysts worked with their patients or build theory out of their analytic work?

What is the self and why might it be an important clinical target in psychoanalysis or psychoanalytic treatments?

What did self psychology contribute to our understanding of transference?

What was it about self psychology that made narcissistic personality disorder – a previously “untreatable” condition – “treatable” and “curable.”

Extending to other clinical problems, what did self psychology and a focus on “the self” add to our understanding of psychopathology?

How does self psychology conceive of the therapeutic process and what is curative in a psychoanalytic treatment?

Keywords:

Empathy

The Self

Disorders of the self

Compensatory structures and their function

Selfobject, and its developmental transformations

Idealizing Selfobject Transference



Mirroring Selfobject Transference
Narcissism, and its developmental transformations
The interpretative sequence of listening, understanding and explaining
The central role of rupture and repair sequences and effects on the self
Transmuting internalization

WEEKEND WORKSHOP: March 8/9, 2021

Dr. Steven Cooper, Ph.D.

Details to follow

PLEASE NOTE: Due to current COVID-19 physical distancing protocols, further details about this weekend conference and the candidate workshop will be communicated at a later date.

MARCH 8, 2021

SEMINARS ONE AND TWO

Self Psychology (continued)

Instructor: Scott Bishop, Ph.D., C.Psych.

Readings:

Seminar 1:

Siegel, A. *Heinz Kohut and the Psychology of the Self*, Chapter 7 and 8. (book)

Seminar 2:

Siegel, A. *Heinz Kohut and the Psychology of the Self*, Chapter 10 and 11. (book)

NO CLASS MARCH 15, 2021– SPRING BREAK

MARCH 22, 2021

SEMINARS ONE & TWO

Contemporary Self-Psychology

Instructor: Rex Kay, M.D.

Readings

Seminar 1:

Bernard Brandshaft, Shelley Doctors, Doriene Sorter (2010). Towards an Emancipatory Psychoanalysis. Routledge, NY. CH 12 Systems of Pathological Accommodation in Psychoanalysis. (PDF)

Teicholz, J.G. (2000). Chapter 3 The Analyst's Empathy, Subjectivity, and Authenticity ... Progress in Self Psychology, 16:33-53. (PDF)



Seminar 2: Clinical Illustration

Core Concepts

Please reflect on the following concepts and their relevance to theory and, especially, to clinical work:

Pathological accommodation - how can we use the concept therapeutically

Empathy – how does it relate to identification, projection and kindness? How does it relate to therapeutic action?

Subjectivity - as a source of directed attention

Authenticity – what is it, is it good, why or why not, when or when is it not?

Keywords

Pathological accommodation, empathy, subjectivity, authenticity

MARCH 29, 2021

SEMINARS ONE & TWO

Contemporary Self-Psychology (continued)

Instructor: Rex Kay, M.D.

Readings

Seminar 1:

Steven Seligman (2005) Dynamic Systems Theories as a Metaframework for Psychoanalysis (PDF)

Jeffrey Tropic and Gabriel Tropic (2018) Self Psychology and the Concept of the Nuclear Self: A Dynamic Systems Perspective (PDF)

Seminar 2: Clinical Illustration

APRIL 5, 2021

SEMINARS ONE & TWO

Interpersonal

Instructor: Hilary Offman, M.D.

Readings

Harry Stack Sullivan and Interpersonal Psychoanalysis, in Stephen Mitchell & Margaret Black (2016) CH3 in *Freud and beyond: A history of modern psychoanalytic thought*. Hachette UK, 60-84. (PDF)



Optional:

Hirsch, I. (2011). On Some Contributions of the Interpersonal Psychoanalytic Tradition to 21st-Century Psychoanalysis. *Contemporary Psychoanalysis*, 47(4), 561-570. (PEPweb)

Core Concepts

How does Interpersonal theory differ from other psychoanalytic theories?

What are the key ideas associated with Interpersonal Psychoanalysis?

How has Interpersonal Psychoanalysis contributed to contemporary psychoanalytic theories such as Relational theory?

Keywords

Interpersonal, relational, postmodern, contemporary, subjectivity, countertransference

APRIL 12, 2021

SEMINARS ONE & TWO

Relational Psychoanalysis

Instructor: Hazel Ipp, Ph.D., C.Psych.

Readings

PLEASE NOTE BOOK PURCHASES REQUIRED:

1. Lewis Aron and Stephen Mitchell, **Relational Psychoanalysis: The Emergence of a Tradition**, Routledge, 1999.
2. Lewis Aron **A Meeting of the Minds: Mutuality in Psychoanalysis**. The Analytic Press, 1996.
3. Stephen Mitchell **Hope and Dread in Psychoanalysis**. Basic Books, 1993.

These are available at Caversham Booksellers at www.cavershambooksellers.com

Stephen A. Mitchell (1986) The Wings of Icarus, *Contemporary Psychoanalysis*, 22:1, 107-132 (PEPweb)

Recommended:

Stephen Mitchell: **Influence and Autonomy in Psychoanalysis** (1997) – CH. 6 *The Analyst's Intentions*. (candidate to source)

Stephen Mitchell (1991) "Wishes, Needs and Interpersonal Negotiations", *Psych.Inq.* 11:147-170 (PEPweb, PDF)



Keywords

Analytic third
multiplicity
self-disclosure (for clarification)
Subjectivity of Analyst
Intersubjectivity
Interweaving intrapsychic and intersubjective
Enactment
Dissociation

APRIL 19, 2021

SEMINARS ONE & TWO

Relational Psychoanalysis (continued)

Instructor: Hazel Ipp, Ph.D., C.Psych.

Readings

Benjamin, J. (1992). Recognition and destruction: An outline of intersubjectivity. In N. J. Skolnick & S. C. Warshaw (Eds.), *Relational perspectives in psychoanalysis* (p. 43–60). Analytic Press, Inc. (An earlier version of this chapter appeared in "Psychoanalytic Psychology," 1990, 7(suppl.): 33–47) (PEPweb)

Hoffman, I. Z. (1983). The patient as interpreter of the analyst's experience. *Contemporary Psychoanalysis*, 19(3), 389–422. (PEPweb)

APRIL 26, 2021

SEMINARS ONE & TWO

Relational Psychoanalysis (continued)

Instructor: Gary Rodin, M.D.

Readings

From Lewis Aron. A Meeting of the Minds: Mutuality in Psychoanalysis. The Analytic Press, 1996.

- Chapter 1 (The Relational Orientation: An Introduction), **and**
- Chapter 2 (Relational theory and its boundaries: One-and two-person psychologies).

From Stephen Mitchell. Hope and Dread in Psychoanalysis. Basic Books, 1993.

- Chapter 1 (What does the patient need?), **and**
- Chapter 2 (What does the analyst know?).

MAY 3, 2021



SEMINARS ONE & TWO

Relational Psychoanalysis (continued)

Instructor: Gary Rodin, M.D.

Readings

Continued from prior seminar.

MAY 10, 2021

SEMINARS ONE & TWO

Relational Psychoanalysis (continued)

Instructor: Hazel Ipp, Ph.D., C.Psych.

Readings

Continued from prior seminar.

WEEKEND WORKSHOP: May 15/16, 2021

Dr. Jeanne Wolff-Bernstein, Ph.D.

Details to be announced

MAY 17, 2021

SEMINARS ONE & TWO

PANEL – Wolf Man: Multiple Perspectives

Seminars 1 and 2

A Classic Case Discussed from Diverse Perspectives (Freud's Wolf Man)

Elizabeth Harvey, Ph.D., RP, Panel Coordinator (Intersectional)

Deborah Britzman, DRP, FRSC., RT, EdD. (Klein-Bion)

Hilary Offman, M.D. (Relational)

Sarah Turnbull, Ph.D., C.Psych. (Self Psychology)

Readings

Candidates are to read Freud's "History of an Infantile Neurosis – The Case Study of the Wolf Man" (PDF, PEPweb)

Core Concepts

How do the various perspectives of the diverse schools of thought presented in the panel complement, challenge, or contradict one another? Is it possible and worthwhile to try to encompass at least something from each of them in your approach to this case and, by extension, to other clinical material? Are there elements in any of these theories that one should not even try to



include in one's evolving perspective? If so, why is that the case? What might be lost if one were not knowledgeable of and open to diverse perspectives?

MAY 31, 2021

SEMINARS ONE & TWO

PANEL – Contemporary Clinical Case: Multiple Perspectives

Seminars 1 and 2

A Contemporary Case Discussed from Diverse Perspectives

Brent Willock, Ph.D., C.Psych. Panel Coordinator, (Freud/Abraham)

Deborah Britzman DRP, FRSC., RT, EdD. (Klein/Bion)

Sarah Turnbull, Ph.D., C.Psych. (Relational)

Bruce Herzog, M.D. (Self Psychology)

John Sloane, M.D.

Readings

Please read “The Narcissistic Patient Revisited” in Progress in Self Psychology, volume 17 (2001), pp. 45-87, including the Introduction by James Fisch, Hazel Ipp’s paper on her patient Gayle, discussions by several psychoanalysts, and Hazel Ipp’s Reply to the commentaries. (PDF, PEPweb)

JUNE 7, 2021

Year End Social & Review (with TICP Curriculum Committee)

Details to be announced

SUMMER BREAK
CLASSES RESUME SEPTEMBER 2021