



Toronto Institute for Contemporary Psychoanalysis

YEAR THREE

Winter – Spring 2021 Term Syllabus & Readings List

- * Therapeutic Action and Impasse
- * Psychoanalysis and the Body
 - * Dreams
 - * Neuropsychoanalysis
- * Continuous Case Seminars



Toronto Institute for Contemporary Psychoanalysis

Third Year Curriculum 2020 – 2021 (draft July 14 2020)

	Date	Seminar 1 (7:00 – 8:25 p.m.)	Faculty	√	Seminar 2 (8:35 – 10:00 p.m.)	Faculty	√	
1	September 14	Dora: Multiple Perspectives	Coord: White, Hewitt, Gozlan, Offman		Dora: Multiple Perspectives	Coord: White, Hewitt, Gozlan, Offman		
2	September 21	Character and Clinical Work	Babiak		Character and Clinical Work	Babiak		
3	October 5	Character and Clinical Work	Babiak		Character and Clinical Work	Babiak		
4	October 19	Psychoanalytic Formulation	Offman		Psychoanalytic Formulation	Offman		
5	October 26	Psychoanalytic Formulation	Offman		Continuous Case (PF)	Offman		
6	November 2	Psychoanalytic Formulation	Offman		Continuous Case (PF)	Offman		
7	November 9	Psychoanalytic Formulation	Offman		Continuous Case	Offman		
Weekend Workshop November 14/15, 2020: Dr. Donnel Stern								
8	November 16	Psychoanalytic Formulation	Offman		Continuous Case	Offman		
9	November 23	Writing: Case Report/Research Paper	Kay		Continuous Case	Sloane		
10	November 30	Intersubj. Processes & the Ucs	Yanchyshyn		Continuous Case	Sloane		
11	December 7	Intersubj. Processes & the Ucs	Yanchyshyn		Continuous Case	Sloane		
12	December 14	Intersubj. Processes & the Ucs	Yanchyshyn		Continuous Case	Sloane		
13	January 4	Intersubj. Processes & the Ucs	Yanchyshyn		Continuous Case	Kobrick		
14	January 11	TA & I: Klein/Bion	Britzman		Continuous Case	Kobrick		
15	January 18	TA & I: Strachey, Loewald	Caspary		Continuous Case	Kobrick		
16	January 25	TA & I: Freud	White		Continuous Case	Kobrick		
17	February 1	TA & I: Self Psychology	Wright		Continuous Case	Kobrick		
18	February 8	TA & I: Relational	Ipp		Continuous Case	Ipp		
19	February 22	TA & I: Non-Interpretive Mechanisms	Caspary		Continuous Case	Ipp		
20	March 1	Psychoanalysis & The Body	Harvey		Continuous Case	Ipp		
Weekend Workshop March 6/7, 2021: Dr. Steven Cooper								
21	March 8	Psychoanalysis & The Body	Harvey		Continuous Case	Ipp		
22	March 22	Psychoanalysis & The Body	Harvey		Continuous Case	Ipp		
23	March 29	Dreams – Theory	Gozlan		Dreams - Clinical	Willcock		
24	April 5	Dreams – Theory	Gozlan		Dreams - Clinical	Willcock		
25	April 12	Dreams – Theory	Gozlan		Dreams - Clinical	Willcock		
26	April 19	Dreams – Theory	Gozlan		Dreams - Clinical	Willcock		
27	April 26	Dreams – Theory	Gozlan		Dreams - Clinical	Willcock		
28	May 3	Neuropsychanalysis	Bishop		Continuous Case	Hewitt		
29	May 10	Neuropsychanalysis	Bishop		Continuous Case	Hewitt		
30	May 17	Neuropsychanalysis – Clinical Treatment	Bishop		Continuous Case	Hewitt		
31	May 31	Neuropsychanalysis – Clinical Treatment	Bishop		Continuous Case	Hewitt		
	June 7	Year End Social & Review (with Curriculum Committee)						

Mondays off in 2020	Mondays off in 2021
Sept 28, 2020 (Yom Kippur) Oct. 12, 2020 (Thanksgiving) Dec. 21, 28, 2020 (Winter Break)	Feb. 15, 2021 (Family Day) March 15, 2021 (March Break) May 24, 2021 (Victoria Day)



Year 3, 2020 – 2021

Winter/Spring Term 2021 Syllabus

Seminar 1: 7:00 – 8:25 p.m.

Seminar 2: 8:35 – 10:00 p.m.

CLASS LOCATION:

TICP Office & Community Clinic

427 Vaughan Road, Toronto, ON, M6C 2P1

***NOTE: Due to ongoing concerns regarding COVID-19 and physical distancing protocols mandated by Public Health authorities, all TICP candidates will continue to participate in the scheduled weekly seminars via videoconference (Zoom) for the Winter/Spring 2021 term.**

We will re-evaluate a return to the classroom site for in-person learning based on guidance from public health officials. TICP is committed to providing a safe and healthy learning environment for all students and faculty at TICP and will continue to follow all advice from public health authorities on this matter.

Readings listed as “PDF” are available by download from TICP ShareFile. Readings listed as “PEPweb” must be sourced independently by candidates either on PEPweb or elsewhere.

Candidates are responsible for sourcing recommended readings independently if not available on PEPweb or TICP ShareFile.

***PLEASE NOTE IN ADVANCE ALL BOOK PURCHASE REQUIREMENTS AND ASSIGNMENTS**

Books may be purchased via Caversham Booksellers.

<https://www.cavershambooksellers.com/cat/TICPTextsPSA3rdYear>

They are classified as TICP textbooks and a small student discount is provided.

TICP Statement on Learning and Ethics

TICP is dedicated to fostering a community in which faculty, candidates, and members treat one another with respect and care. These values include all teaching and learning endeavors, which should be characterized by openness and tolerance of different perspectives. TICP affirms its commitment to creating an environment free of prejudice on the basis of age, disability, ethnicity, gender, gender identity, race, religion, ancestry, sexual orientation, or socioeconomic status. All members and candidates should aspire to exemplify these ideals in their conduct in the classroom and in all other pedagogical contexts.



JANUARY 4, 2021

SEMINAR ONE

Intersubjective Processes and the Unconscious (*continued from Fall 2020 term*)

Instructor: Gordon Yanchyshyn, M.D.

Readings

Ogden, T.H. (2004). This art of psychoanalysis. Int J Psychoanal, 85: 857-877. (PEPweb, PDF)

SEMINAR TWO

Continuous Case

Instructor: Judi B. Kobrick, Ph.D., C.Psych

JANUARY 11, 2021

SEMINAR ONE

Therapeutic Analysis and Impasse – Klein/Bion

Instructor: Deborah Britzman, DRP, FRSC., RT, EdD.

ASSIGNMENT

Please prepare one question for any two of the readings. The question may be one of clarification, speculation, or an invitation to dialogue on what you see as an important matter in the readings.

Readings

Ferro, A. (1993) "The Impasse Within a Theory of the Analytic Field: Possible vertices of observation." Int. J. Psychoanal., 74: 9117-929. (PDF)

Joseph, Betty. (1983). "On Understanding and Not Understanding: Some technical issues." Int.J. Psychoanal 64, 291-298. (PEPweb)

Rosenfeld H. (1987) "Impasse and Interpretation: Therapeutic and anti-therapeutic factors in the psychoanalytic treatment of psychotic, borderline and neurotic patients". London: Tavistock. New Library of Psychoanalysis, Chapter 7: "The Problem of Impasse in Psychoanalytic Treatment," pp 133-153. (PDF)

Steyn, Lesley (2013). "Tactics and Empathy: Defenses against projective identification." International Journal of Psychoanalysis 94: 1093-113. (PEPweb)

Recommended Reading:



Ogden, T. H. (2004) "An Introduction to the Reading of Bion". Int. J. Psychoanal., 85: 285-300. (PEPweb)

Etchegoyen, R. H. (1991) "Impasse", Chapter 60, In The Fundamentals of Psychoanalytic Technique. London: Karnac, Pages 784-799. (PDF)

Core Concepts

The analyst's role in impasse; interpretation of defenses; and the use of projective identification and psychoanalytic theory in the analyst's mind.

Keywords

Impasse, projective identification, understanding, analytic position, minus K, therapeutic action, phantasies

SEMINAR TWO

Continuous Case

Instructor: Judi B. Kobrick, Ph.D., C.Psych

JANUARY 18, 2021

SEMINAR ONE

Therapeutic Analysis and Impasse – Strachey, Loewald

Instructor: Art Caspary, Ph.D., C.Psych.

Readings

Strachey, J. (1934) The Nature of Therapeutic Action of Psycho-Analysis. Int. J. Psycho-anal., 15: 127-129. (PDF)

Loewald, H. (1960) On the Therapeutic Action of Psychoanalysis. Int. J. Psychoanalysis, 41 (1) 16-33. (PDF)

Core Concepts

- Therapeutic action from a drive-defense point of view.
- Moving towards an object-relations conception of therapeutic action.

Keywords

Therapeutic action, auxiliary superego, relationship, oscillation, timing.

SEMINAR TWO

Continuous Case

Instructor: Judi B. Kobrick, Ph.D., C.Psych



JANUARY 25, 2021

SEMINAR ONE

Therapeutic Analysis and Impasse – Freud

Instructor: J. Gail White, Ph.D.

Readings

Freud, S. (1912) The Dynamics of Transference. Standard Edition (S.E), Vol XII, pp 97-108, (PDF)

Freud, S. (1914) Remembering, Repeating and Working Through. S.E., Vol XII, pp 145-156, (PDF)

Abend, S. (2007) Therapeutic Action in Modern Conflict Theory, Psychoanalytic Quarterly, LXXVI (Supplement), pp 1417-1442. (PDF)

Core Concepts

To be provided by instructor

Keywords

To be provided by instructor

SEMINAR TWO

Continuous Case

Instructor: Judi B. Kobrick, Ph.D., C.Psych

FEBRUARY 1, 2021

SEMINAR ONE

Therapeutic Analysis and Impasse – Self Psychology

Instructor: David Wright, M.Div.

Readings

Teicholz, Judith (2009) My Relational Self Psychology. In *Self and Systems: Annals of the New York Academy of Science*, 1159: 122-138. (PDF)

TA&I – Self Psych, Yr 3 2021 - Appendix A: provided by the instructor (PDF).

Core Concepts

Therapeutic activity, Facilitative process

Keywords

Idealizing transference, Mirroring transference



SEMINAR TWO

Continuous Case

Instructor: Judi B. Kobrick, Ph.D., C.Psych

FEBRUARY 8, 2021

SEMINAR ONE

Therapeutic Action and Impasse – Relational

Instructor: Hazel Ipp, Ph.D., C.Psych.

Readings

Mitchell, S. (1997) The Therapeutic Action. In Influence and Autonomy, 33-62. The Analytic Press. (PDF)

Core Concepts

To be provided by instructor

Keywords

To be provided by instructor

SEMINAR TWO

Continuous Case

Instructor: Hazel Ipp, Ph.D., C.Psych.

NO CLASS FEBRUARY 15, 2021 – FAMILY DAY

FEBRUARY 22, 2021

SEMINAR ONE

Therapeutic Action and Impasse – Non-Interpretive Mechanisms

Instructor: Art Caspary, Ph.D., C.Psych.

Readings

Stern, Daniel, et al. (1998) Non-Interpretive Mechanisms in Psychoanalytic Psychotherapy: The “Something More” than interpretation. Int Journal Psychoanalysis, Vol 79, pp 903-921 (PDF)

Core Concepts

Non-linear dynamic systems theory.
Implicit relational knowing.

Keywords

Procedural, now moments, intersubjective, therapeutic action, transference, countertransference



SEMINAR TWO

Continuous Case

Instructor: Hazel Ipp, Ph.D., C.Psych.

MARCH 1, 2021

SEMINAR ONE

Psychoanalysis and the Body

Instructor: Elizabeth Harvey, Ph.D., RP

Readings

Esther Bick, (1968). "The Experience of the Skin in Early Object Relations." *International Journal of Psycho-Analysis*, 49: 484-486. (PEPweb)

Joyce McDougall, (1989). "Static and Ec-static States: Reflections on the Psychoanalytic Process," *Theaters of the Body: A Psychoanalytic Approach to Psychosomatic Illness*, 17-39. (PDF)

Core Concepts

1. History of the body in psychoanalysis, beginning with Freud's early studies on hysteria and his assertion in *The Ego and the Id* that "the ego is first and foremost a bodily ego."
2. Body language and discursive language: counterparts and alternatives.
3. Reich's conceptions of vitality and character; Winnicott's psyche-soma; Armando Ferrari's Concrete Original Object, attachment and trauma theory
4. Idea of transference to the body as the foundation of what we call the body image; symbolic dimensions of body parts
5. Concept of dissociation as an aspect of body-psyche misalignment.
6. Challenges and opportunities for integrating the body into treatment
7. Psychosomatic theory; psychoanalysis and organic illness

Keywords

Skin ego; somaticize; dissociated body in psychoanalysis; embodied psychoanalysis; somatic third; alexithymia.

SEMINAR TWO

Continuous Case



Instructor: Hazel Ipp, Ph.D., C.Psych.

WEEKEND WORKSHOP: March 6/7, 2021

Dr. Steven Cooper, Ph.D.

Details to follow

PLEASE NOTE: Due to current COVID-19 physical distancing protocols, further details about this weekend conference and the candidate workshop will be communicated at a later date.

MARCH 8, 2021

SEMINAR ONE

Psychoanalysis and the Body (continued)

Instructor: Elizabeth Harvey, Ph.D., RP

Readings

Jon Sletvold (2016). "The Analyst's Body: A Relational Perspective from the Body." *Psychoanalytic Perspectives* 13:2, 186-200. (PEPweb)

Evelyn Rappoport (2012). "Creating the Umbilical Cord: Relational Knowing and the Somatic Third" *Psychoanalytic Dialogues* 22:3, 375-388. (PEPweb)

SEMINAR TWO

Continuous Case

Instructor: Hazel Ipp, Ph.D., C.Psych.

NO CLASS MARCH 15, 2021– SPRING BREAK

MARCH 22, 2021

SEMINAR ONE

Psychoanalysis and the Body (continued)

Instructor: Elizabeth Harvey, Ph.D., RP

Readings

Riccardo Lombardi, (2019). "Developing a Capacity for Bodily Concern: Antonio Damasio and the Psychoanalysis of Body–Mind Relationship" *Psychoanalytic Inquiry* 39: 8, 534–544. (PDF)

Riccardo Lombardi, (2018). "Beyond the Psychosexual: The Body–Mind Relationship Discussion of 'Somatic Experiencing'," *Psychoanalytic Dialogues*, 28:5, 629-639. (PDF)

SEMINAR TWO



Continuous Case

Instructor: Hazel Ipp, Ph.D., C.Psych.

MARCH 29, 2021

SEMINAR ONE

Dreams - Theory

Instructor: Oren Gozlan, Psy.D., C.Psych.

Readings

Freud, S. (1900). The method of interpreting dreams: An analysis of a specimen dream. In *The Standard Edition of the Complete Psychological Works of Sigmund Freud Vol.18* (pp. 96-122) (PEPweb)

Erikson, E.H. (1954). The Dream Specimen of Psychoanalysis. *J. Amer. Psychoanal. Assn*, 2:5-56 (PEPweb)

Core Concepts and Keywords

To be provided by instructor

SEMINAR TWO

Dreams – Clinical Illustration

Instructor: Brent Willock, Ph.D., C.Psych.

Readings

In lieu of required readings, candidates will take turns presenting dreams of their patients.

The **Class Representative** is asked to please coordinate the sequence of presentations. Hopefully everyone will have a chance to present. (Some may have the opportunity to present more than once.) Articles and books may be suggested according to what interests and needs emerge during class discussions.

Instructions to Presenters: You are in charge of the evening seminar (along with Dr. Willock and the rest of the class). Select dreams that you think are interesting, puzzling, disturbing, important, or . . . Bring as many dreams as you think we might need for the time we have. It is best if you can provide each class member with a **hard copy** of each dream; otherwise it is difficult to remember details. Wide margins are helpful so we can make notes to ourselves as you read the dreams to us. Before we engage with the first dream, it is usually helpful to give us a brief background of your patient, the current treatment context and anything else you think might be important for us to know before we hear the dreams.

Core Concepts & Keywords

Understanding the nature, meaning, and function of dreams in the clinical context; working with patients' dreams; comparative-integrative approach.



APRIL 5, 2021

SEMINAR ONE

Dreams - Theory

Instructor: Oren Gozlan, Psy.D., C.Psych.

Readings

Freud, S. (1900). The dream-work in *The Standard Edition of the Complete Psychological Works of Sigmund Freud Vol.18* (pp. 277-350) (PEPweb)

Freud, S. (1920). A note on the prehistory of the technique of analysis. In *The Standard Edition of the Complete Psychological Works of Sigmund Freud Vol.18* (pp. 263-265). (PEPweb)

SEMINAR TWO

Dreams – Clinical Illustration

Instructor: Brent Willock, Ph.D., C.Psych.

Readings

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APRIL 12, 2021

SEMINAR ONE

Dreams - Theory

Instructor: Oren Gozlan, Psy.D., C.Psych.

Readings



Segal, Hanna – The Function of a dream. (PDF)

Loden, S. (2003). The Fate of the Dream in Contemporary Psychoanalysis. *J. Amer. Psychoanal. Assn.*, 51(1):43-70 (PEPweb)

SEMINAR TWO

Dreams – Clinical Illustration

Instructor: Brent Willock, Ph.D., C.Psych.

Readings

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APRIL 19, 2021

SEMINAR ONE

Dreams - Theory

Instructor: Oren Gozlan, Psy.D., C.Psych.

Readings

Fenichel, O. (1926). The appearance in a dream of a lost memory. *International Journal of Psychoanalysis*, 7, 243-247 (PEPweb)

Sterba, R. (1946). Dreams and acting out. *Psychoanalysis Quarterly*, 15, 175-179. (PEPweb)

SEMINAR TWO

Dreams – Clinical Illustration

Instructor: Brent Willock, Ph.D., C.Psych.

Readings



In lieu of required readings, candidates will take turns presenting dreams of their patients.

The **Class Representative** is asked to please coordinate the sequence of presentations. Hopefully everyone will have a chance to present. (Some may have the opportunity to present more than once.) Articles and books may be suggested according to what interests and needs emerge during class discussions.

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APRIL 26, 2021

SEMINAR ONE

Dreams - Theory

Instructor: Oren Gozlan, Psy.D., C.Psych.

Readings

Fischbein, S.V. & Miramon, B. (2015). Theoretical trajectories: Dreams and dreaming from Freud to Bion. *International Journal of Psychoanalysis*, 96, 967-992. (PEPweb)

SEMINAR TWO

Dreams – Clinical Illustration

Instructor: Brent Willock, Ph.D., C.Psych.

Readings

In lieu of required readings, candidates will take turns presenting dreams of their patients.

The **Class Representative** is asked to please coordinate the sequence of presentations. Hopefully everyone will have a chance to present. (Some may have the opportunity to present more than once.) Articles and books may be suggested according to what interests and needs emerge during class discussions.

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dream, it is usually helpful to give us a brief background of your patient, the current treatment context and anything else you think might be important for us to know before we hear the dreams.

MAY 3, 2021

SEMINAR ONE

An Introduction to Neuropsychanalysis: Implications for Understanding Clinical Process

Instructor: Scott Bishop, Ph.D., C.Psych.

Readings

Kandall, E. (1999). Biology and the future of psychoanalysis: A new intellectual framework for psychiatry, revisited. *American Journal of Psychiatry*, 156, 505-124. (PDF)

Solms, M. & Turnbull, O. (2011). What is neuropsychanalysis? *Neuropsychanalysis*, 13 (2), 1-13. (PDF)

Core Concepts & Keywords

There is now an extensive body of knowledge from neuroscience research and a rapidly expanding interest in exploring the relevance of neuroscience for psychoanalysis. This new field of neuropsychanalysis is providing exciting new insights into how early attachment experiences play a central role in brain development and is yielding comprehensive empirically-based developmental models of psychopathology and its treatment. In this seminar series, we will discuss some of the more clinically relevant papers from the field of neuro-psychoanalysis. These papers, and the discussions that will follow, will focus on how this exciting new field deepens our understanding of the intersubjective process of analytic treatments and how these processes impact psychobiological structure through experience-dependent change processes.

SEMINAR TWO

Continuous Case

Instructor: Marsha Hewitt, Ph.D., RP

MAY 10, 2021

SEMINAR ONE

An Introduction to Neuropsychanalysis: Implications for Understanding Clinical Process

(continued)

Instructor: Scott Bishop, Ph.D., C.Psych.

Readings

Gallese, V., Eagle, M., and Mignone, P. (2007). Intentional attunement: Mirror neurons and the neural underpinnings of interpersonal relations. *Journal of the American Psychoanalytic Association*, 55, 131-176. (PDF)



Shore, A. (2003). Clinical implications of a psychoneurobiological model of projective identification. In. A. Shore "Affect Regulation and Repair of the Self." W.W. Norton & Co: NY, New York (pp. 58-107). (instructor to provide)

SEMINAR TWO

Continuous Case

Instructor: Marsha Hewitt, Ph.D., RP

WEEKEND WORKSHOP: May 15/16, 2021

Dr. Jeanne Wolff-Bernstein, Ph.D.

Details to be announced

MAY 17, 2021

SEMINAR ONE

An Introduction to Neuropsychoanalysis: Implications for Understanding Clinical Process (continued)

Instructor: Scott Bishop, Ph.D., C.Psych.

Readings

Shore, A. (2003). Advances in neuropsychoanalysis, attachment theory and trauma research: Implications for self-psychology. In. A. Shore "Affect Regulation and Repair of the Self." W.W. Norton & Co: NY, New York (pp. 58-107). (PDF)

Gabbard, G. O. (2000). What can neuroscience teach us about transference? Canadian Journal of Psychoanalysis, 9, 1-18. (PEPweb)

SEMINAR TWO

Continuous Case

Instructor: Marsha Hewitt, Ph.D., RP

MAY 31, 2021

SEMINAR ONE

An Introduction to Neuropsychoanalysis: Implications for Understanding Clinical Process (continued)

Instructor: Scott Bishop, Ph.D., C.Psych.

Readings

Shore, A. (2007). Psychoanalytic Research and Practice: Developmental Affective Neuroscience and Clinical Practice. Psychologist-Psychoanalyst, Summer, pp 6-15. (instructor to provide)



Simpkins, C. & Simpkins, A. M. (2012). Neuroplasticity and neurogenesis: Changing moment by moment. In *Neuroscience for Clinicians*. Springer Science, New York, pp 165-174. (instructor to provide)

SEMINAR TWO

Continuous Case

Instructor: Marsha Hewitt, Ph.D., RP

JUNE 7, 2021

Year End Social & Review (with TICP Curriculum Committee)

Details to be announced

**SUMMER BREAK
CLASSES RESUME SEPTEMBER 2021**