



Toronto Institute for Contemporary Psychoanalysis

3-Year Psychoanalytic Psychotherapy Program YEAR ONE 2020-2021

Classes held on Thursday evenings, with 2 weekend seminar dates during the academic year as noted

Class #	Date	Seminar Details	Faculty
	September 3	ORIENTATION	Stephanie Bot
1	September 10	Section 1 Session 1 Comparative Framework	Mark Egit
2	September 17	Section 1 Session 2 Comparative Framework	Mark Egit
3	September 24	Section 1 Session 3 Psychoanalytic Approaches	Mark Egit
4	October 1	Section 1 Session 4 Psychoanalytic Approaches	Mark Egit
5	October 8	Section 1 Session 5 Behavioural and Cognitive Approaches	Mark Egit
6	October 15	Section 1 Session 6 Behavioural and Cognitive Approaches	Mark Egit
7	October 22	Section 1 Session 7 Experiential and Humanistic Approaches	Mark Egit
8	October 29	Section 1 Session 8 Systems Oriented Approaches	Mark Egit
9, 10	SUNDAY Nov 1	Section 1 Session 9 Couples Therapy and Session 10 Group Psychotherapies	Mark Egit
11	November 5	Section 1 Session 11 Integrative Approaches to Psychotherapy	Mark Egit
12	November 12	Section 2 Session 1 Introduction and Psychodynamic Notions of Development	Florence Loh
13	November 19	Section 2 Session 2 Introduction and Psychodynamic Notions of Development	Florence Loh
14	November 26	Section 2 Session 3 Attachment	Florence Loh
15	December 3	Section 2 Session 4 Development of Cognitive Abilities	Florence Loh
16	December 17	Section 2 Session 5 Behaviourism and Learning: Adolescence and Identity	Florence Loh
17	January 7	Section 2 Session 6 Adulthood and its Challenges: Family Systems	Florence Loh
18	January 14	Section 2 Session 7 A Sociological Perspective of Development: Old Age and Death	Florence Loh
19	January 21	Section 3 Session 1 Introduction to Understanding and Treating Psychopathology	Afarin Kohan
20	January 28	Section 3 Session 2 Mood Disorders	Afarin Kohan
21	February 4	Section 3 Session 3 Anxiety Disorders	Afarin Kohan
22	February 11	Section 3 Session 4 Anxiety Disorders	Afarin Kohan
23	February 18	Section 3 Session 5 Trauma	Afarin Kohan
24	February 25	Section 3 Session 6 Eating Disorders and Addictions	Afarin Kohan
25	March 4	Section 3 Session 7 Personality Disorders	Afarin Kohan
26	March 11	Section 3 Session 8 Psychotic Disorders	Afarin Kohan
27	March 18	Section 3 Session 9 Psychopharmacology	Afarin Kohan
28	March 25	Section 4 Session 1 Cultural and Spiritual Diversity in Psychotherapy	Deborah Britzman
29	April 1	Section 4 Session 2 Gender and Sexuality	Deborah Britzman
30	April 8	Section 5 Session 1 What is Psychodynamic Psychotherapy and How Does It Work?	Sheri Turrell
31, 32	SUNDAY Apr 11	Section 5 Session 2 and Session 3 Clinical Assessment	Sheri Turrell
33	April 15	Section 5 Session 4: The Initial Formulation and Recommendations	Sheri Turrell
34	April 22	Section 5 Session 5: The Initial Formulation and Recommendations	Sheri Turrell
35	April 29	Section 5 Session 6: Beginning Treatment	Sheri Turrell
36	May 6	Section 5 Session 7: Beginning Treatment	Sheri Turrell
37	May 13	Section 5 Session 8: Communicating with Clients: Listening and Reflection	Sheri Turrell
38	May 20	Section 5 Session 9: Communicating with Clients: Learning to Intervene	Sheri Turrell



Toronto Institute for Contemporary Psychoanalysis

39	May 27	Section 5 Session 10: Clinical Assessment, Formulation and Interviewing Skills: Summary, Review and Preparation for Beginning Practicum	Sheri Turrell
40	June 3	Section 6 Session 1: Self Regulation, Ethics, Professional Standards and Professional Misconduct	Mark Egit
41	June 10	Section 6 Session 2: Client-Therapist Relationships: Informed Consent, Boundaries, Billing	Mark Egit
42	June 17	Section 6 Session 3: Jurisprudence: The Regulated Health Professions Act and the Psychotherapy Act	Mark Egit
43	June 24	Section 6 Session 4: Jurisprudence: The Role of the College and other laws regulating psychotherapy	Mark Egit

HOLIDAYS (*no class scheduled*)

December 10 (Hanukkah)

December 24 and December 31, 2020 (Winter Break)

SUNDAY SEMINARS (*2 seminars, 9:00 a.m. – 4:00 p.m.*)

November 1, 2020

April 11, 2021