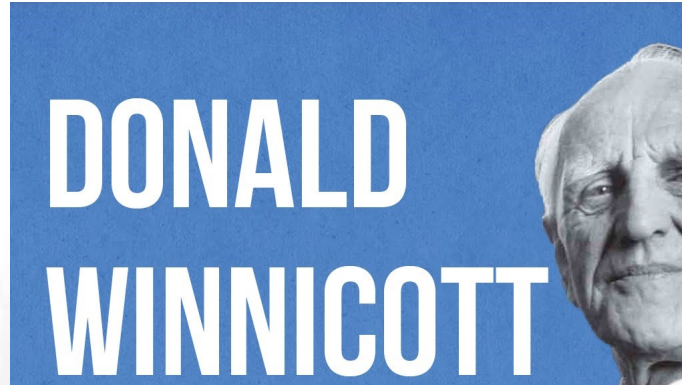




TICP Extension Course Spring 2020

An Exploration of the Work of D.W. Winnicott

Presenter: Peter Dales, RP, BA



Dates: Thursday evenings, March 5, 12, 26, April 2, 16, 23, 30, 2020

Time: 7:30 – 9:30 p.m.

Location: TICP Office & Community Clinic, 427 Vaughan Rd., Toronto, ON, M6C 2P1

Fee: \$275 regular, \$175 students

Register online at www.ticp.on.ca

COURSE SYNOPSIS

This course will focus on Winnicott's cogent and compelling theory of early emotional development and on an examination of special topics from Winnicott's writings: the true and false self; the anti-social tendency; creativity; Winnicott's "Definition of Psychotherapy", transitional objects, potential space and use of an object; Winnicott's treatment of children; and the clinical usefulness of Winnicott.

LEARNING OBJECTIVES

By the end of this course, participants should be able to:

1. Understand Winnicott's developmental theory
2. Integrate a working knowledge of Winnicott's theory and clinical practice
3. Apply Winnicott's notions of the therapeutic set-up, of the "holding" and safe environment
4. Understand that the therapeutic relationship in adult therapy, in important ways, reflects the dyad of the "good-enough" mother and baby
5. Understand that the result of the therapeutic process is to help patients become "more real, more alive, more creative and more true to themselves".

Interaction among the course participants and discussion of the material are most welcome.

ABOUT THE SPEAKER

Peter Dales RP, BA has been in private practice, working with adult individuals, couples and groups in the psychoanalytic psychotherapeutic modality for 47 years and is faculty emeritus of the Centre for Training in Psychotherapy (CTP) (Toronto) for 2 years. He is a guest member of the Toronto Psychoanalytic Society.